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Key Action: Learning Mobility of Individuals

Action Type: Mobility of youth workers

## Project Title

# Skills for life via entrepreneurship

## Project Coordinator

**Organisation** MOVE to Be You  
**Address** Tauchen 125 , 7421 Mönichkirchen , Niederösterreich , AT  
**Website** <http://movetobeyou.org/>

## Project Information

**Identifier** 2021-2-AT01-KA153-YOU-000040347  
**Start Date** Jan 1, 2022  
**End Date** Oct 31, 2022  
**EC Contribution** 20,342 EUR  
**Partners** Smokinya Foundation (BG) , ASOCIACION CULTURAL Y DEPORTIVA LAHOYA (ES) , Be Visible Be YOU (EL) , Avrasya Genclik Gelisim Dernegi (TR) , Hodina H, z.s. (CZ) , Associação Move.T+ (PT) , ZDRUZENIE ZA KULTURNA SORABOTKA INTERKULTURA SKOPJE (MK)  
**Topics** Equal access and transition to labour market ; Youth employability

## Project Summary

### Objectives

This project responds to a general need of the participating organisations and offers the necessary tools to our workers to be able to find help, support and teach young people from our participating communities different employment alternatives, as well as to promote the development of skills necessary for life, whether professional or personal, and to give tangible options to develop projects that allow young people to launch their business idea.

Formal education, although in a transversal way, tries to work on "life skills or competences", the emphasis in the classroom is not enough and therefore, there is a real need for learning among young people and training of youth workers to be able to help these young people.

This is why the idea arose to offer first-hand tools, to promote critical thinking among the participants and to try to remember that if we believe in ourselves, success is assured, and we are not only referring to professional success but also to personal success and through this to help young people in their communities.

To this we have to add that unemployment among young people is getting worse due to the different economic crises we are going through worldwide, not only in our country, so there are many young entrepreneurs who have great ideas and do not know how to carry them out and need youth workers/professionals to support them.

This project offers youth workers the necessary tools linked to their professional profiles and it is focused on providing youth workers with the necessary resources to support self-employment and/or self-knowledge to develop both personal and professional projects of the young people they work with, as they work in formal education in a transversal way and therefore, we have realised that there is a real need to promote life skills to be applied in all facets, both professional and personal.

#### GENERAL OBJECTIVES:

- Learn skills for life and entrepreneurship such as intrinsic motivation, teamwork, assertiveness and decision-making techniques to support and help young people
- To provide self-awareness and conflict resolution strategies that guide young people in their communities to face personal challenges and / or professionals.
- Learn and know self-management tools to manage frustration, rejection and masked fears when starting a business.
- Learn how to establish and develop an action plan to carry out a professional / personal project and know how to sell our project.
- Recognize our own abilities, qualities and capacities with which we contribute in the group
- Exchange realities regarding the topics of the project in the participating countries between youth workers.
- Support the cooperation in the new Erasmus + program

### Activities

- Presentation of the project: Games are proposed to get to know each other and group dynamics to "break the ice" and pose the challenge of the week. Objective: That the participants have a general vision of the project; Present the general and specific objectives; Get to know the participants better. That the participants get to know each other and become familiar with the work dynamics. To know the expectations of the participants

- Youth Pass: Objective: To know and know how to use the Youthpass tool. A presentation of the Youthpass tool will be made, they will be explained how they will work during the exchange, to recognize during the project, the learned skills.

SESSION 1: ENTREPRENEUR, ENTREPRENEUR, LET'S ENTERPRISE. Objective: To work on the different skills that an entrepreneur must have; entrepreneur cases; Reflecting on the skills to be a good entrepreneur

- SESSION 2: CREATING THE MIND OF THE ENTREPRENEUR. Objective: Reflect on the ways of thinking; know and recognize when we should or should not change our way of thinking in a given circumstance.

- SESSION 3: CREATIVITY. Objective: Through different dynamics, cooperation and creativity will be worked in the resolution of situations / conflicts; Unleash creativity in groups, cooperation, creative-thinking.

-SESSION 4 COMMUNICATION, NEGOTIATION AND CONFLICT RESOLUTION. Objective: To experience the impact of leadership struggles on teams; Exercise argumentation and the power of conviction; Analyze the decision-making process; leadership; Teamwork, learn the communication process, know the barriers that may arise within communication, learn assertiveness techniques.

SESSION 5: ENTREPRENEURSHIP, MOTIVATION, SELF-CONTROL. Objective: Identify strengths, Elaborate personal / professional project from the metaphor of the hand; We will work on frustration, leadership, intellectual property, we reflect on recognition; Evaluation and sharing Motivation and frustration.

-SESSION 6. ACTIVE LISTENING and NON-VERBAL COMMUNICATION. Objective: Work active listening; Work non-verbal communication, cooperation, roles (passive? Active?), Work non-verbal communication

-SESSION 7. Objective: To meet young entrepreneurs who have their own business. Visit to good practices in Waldviertel.

-SESSION 8: SELF-KNOWLEDGE, RECOGNITION. Objective: Recognize our own abilities; Recognize the qualities and capacities with which we contribute in the group; Possibility of expressing their qualities and capacities to others

-SESSION 9. SELF-KNOWLEDGE AND ENTREPRENEURSHIP. Objective: We will work on a self-knowledge tool, discover how we undertake, how we motivate ourselves, how we get out of our comfort zone, we will learn the masked fears, the traps of the mind to "undertake", and the self-motivation tools.

SESSION 10: CREATING OUR PROJECT. Passport of the bridge of the future. Objective: Learn the steps to undertake, establish an action plan, make decisions to achieve objectives. Analyze what project we want to undertake, how we are going to do it, etc. -

SESSION 11: LEARN TO SELL OUR PRODUCT / IDEA AND WORK OUR FOOTPRINT. Related to the previous session, we will continue working on our project / idea, we will look for ways to sell or carry out our project (either personal or professional), Learn to sell a product / Idea.

-SESSION 12: Entrepreneur Manual. Objective: Create your own work manual with the results of the project. All the results of the project will be collected to undertake, after each activity, to build a work manual to help the participants for their future undertaking.

-EVALUATION: Objective: Evaluate all project. Different evaluations explain the evaluation section. Role: Our role as a project promoters will have the following task: • Prepare the resources with the local working group before the project. • Ensure working conditions for the group throughout the project. • Help partners to find transport, connections, etc. • Preparing and sending a document with all the information concerning the project for the participants. • Ensure the protection and safety of participants throughout the project. • Ensure measures to improve project dissemination, visibility and promotion of the results. • Attend and help in the learning development of the participants during the project.

The target group of this project will be 28 youth workers from 8 different countries in Europe (Austria, Spain, Czech Republic, Greece, turkey, Macedonia and Portugal) that need to get and refresh tool, methods and concepts to support and help young people in the communities in which they work to find alternative employment, as well as to promote the development of skills necessary for life, whether professional or personal, and to give tangible options to develop projects that allow young people to launch their business idea.

## Impact

### EXPECTED RESULTS

- TANGIBLES Experience and results on the web - Blog and social networks A large number of related tools, methods and resources available for trainers/youth workers of young people about life skills and entrepreneurship, provide self-awareness and conflict resolution strategies that guide young people to face personal and / or professional challenges Different activities, workshops on looking for alternatives for employment, in addition to promoting the development of life skills, both professionally and personally, and give tangible options to develop projects that allow young people to launch their business idea. Video summary of the project.

-INTANGIBLES That the participants know and learn different tools, workshops, about, skills for life and entrepreneurship, contribute self-knowledge and conflict resolution strategies that can guide and support young people to face personal and / or professional challenges. Creating new ideas about European projects through the Erasmus + program.

The impact on organizations is made through the participants, since once said project is finished, they will return to their organizations and share with others what they have evaluated and worked on during the project , in addition to the results. With which, they will put into practice the knowledge, new projects and activities within the organization, getting involved in new projects at an international level. All these measures have the final impact on the organizations, having new activities for the organization, using new methods in working with young people, recognition and non-formal education, the promotion and inclusion of all these areas that will be elaborated during the project.

The desired impact for youth workers/educator during the project is in the first place self-awareness and as a consequence the ability to become aware of where we are here and now, and how we are going to establish tangible goals in order to achieve both personal and professional goals. The development of interpersonal skills and the relationship with ourselves is essential when it comes to being able to achieve success in any facet of our life since our business card can make the difference in terms of getting a project, a job or a dream.

In addition, education and learning of "life skills" are useful once the project is finished, this implies that independently the personal work environment can be applied if the participant himself wishes. At a general level, the main objective is to give skills, tool and methods to support, help and promote entrepreneurship among young people and provide solutions to the high unemployment rates that currently exist in the partner countries on the one hand.

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals  
Action Type: Mobility of youth workers

## Project Title

# Devising Theatre (DT) – a link between arts and education

## Project Coordinator

**Organisation** Österreichische Kinderfreunde Region Mühlviertel  
**Address** Gewerbestrasse 7 , 4222 St. Georgen/Gusen , Oberösterreich , AT  
**Website** [www.kinderfreunde.cc](http://www.kinderfreunde.cc)

## Project Information

**Identifier** 2021-1-AT01-KA153-YOU-000020011  
**Start Date** Dec 31, 2021  
**End Date** Dec 30, 2022  
**EC Contribution** 23,970 EUR  
**Partners** ROMA VERSITAS ALBANIA (AL) , SEIKLEJATE VENNASKOND (EE) , Sdruzenie "Svyat na bydeshteto" (BG) , Asociatia "JK Youth" (RO) , Stowarzyszenie Oswiatowe "Sowa" (PL) , ASOCIACION JUVENIL INTERCAMBIA (ES) , Genlikte Spor Sanat ve Egitim Dernegi (TR) , KINONIKI SINETAIRISTIKI EPICHERISIELLINIKI SYMMETOCHI NEON (EL)  
**Topics** Creativity, arts and culture ; Key competences development ; Youth employability

## Project Summary

### Objectives

The aim of this training course is to draw attention to the possibilities of the Devising Theatre for teaching and learning processes in both the formal and informal context. In particular, the possibilities of theatre-in-education are also mentioned.

The participants get to know and apply the special working methods of the DT. They will also be able to use them in dealing with their own clientele in the context of formal or informal educational work. The main aim is to practice collaboration as a common consensus-oriented way of working, to improve the performance behaviour and to promote self-confidence and the experienced self-efficacy. Finally, these characteristics also improve the chances of the labour market.

The participants experience democratic working methods and attitudes through a diverse theatre project. They are able to criticize and see it as an opportunity for development in order to improve their own problem-solving skills.

Participation in a European training course promotes an understanding of diversity and inclusion as a social enrichment, as well as a European identity that is able to look beyond national borders. Through personal encounters with people from different regions of origin and cultural backgrounds, prejudices are reduced and stereotypes can be modified.

### Activities

The main activity of this training course consists of a one-week face-to-face meeting of the participants, who are sent by the respective partner organisations to the project, where the methods and techniques of the DT are taught and tested.

The participants come from different European countries. When selecting partner organizations, care was taken to select proven organizations that have worked successfully in the past and to invite new organizations to participate to keep the network effect as large as possible. In addition, the aeratiance was also sought to achieve the greatest possible heterogeneity in terms of cultural background in order to reflect the diversity of Europe.

The participants should work with children and young people in formal or informal educational work, e.g. teachers, social workers and educators, but also students interested in education, as well as artists and volunteers working with children and youth groups. There is no need to have a formal completion of the relevant training.

Participants should have a minimum age of 18. Partner organisations are advised to ensure the gender balance as close as possible.

The main activity will introduce participants to the basic working methods and the possibilities of application in both formal and non-formal education. In preparation, the participants are provided with all needed information and sources. After the training course, the participants are to carry out a DT project themselves and report on it.

### Impact

The DT's concerns are supported both inside and outside the Mühlviertel region and Austria. Through international participation, the concerns and working methods of the DT will also take their place in different regions of Europe. In addition, networks are being set up to promote Europe-wide cooperation both inside and outside Erasmus+ programme, thereby increasing the sense of a European identity and, in return, reducing thinking within national borders and prejudices towards others. Stereotypes can be modified. This is why the Erasmus+ programme will be presented and its opportunities will be shown before, during and after the project.



Youthpass and Europass will also be presented and used.

Participants will be able to apply DT in their own contexts in frames of youth work both formal and informal. They will learn about the specific techniques and working methods and apply them in their daily work/life.. In youth work, DT is able to strengthen and promote the necessary key competences of young people for entry into the labour market and thus actively contribute to the empowerment of young people. The self-confidence, the self-confidence in the appearance and the experienced self-efficacy are increased.

In particular, DT also has an impact on the ability to solve problems and to cooperate with people from different points of view. DT thus also helps to promote people's problem-solving skills and to understand diversity as an opportunity and a resource. DT thus also contributes to promoting inclusion in a society. Its fundamental approach is also about reaching a consensus on the diversity of opinions, beliefs and approaches and not being satisfied with a compromise of the lowest common denominator. This includes promoting the capacity for criticism.

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals  
Action Type: Mobility of youth workers

Project Title

# Youth without Borders

## Project Coordinator

**Organisation** Service Civil International Österreich  
**Address** Schottengasse 3a/1/4/59 , 1010 Wien , Wien , AT  
**Website** [www.sciaustria.org](http://www.sciaustria.org)

## Project Information

**Identifier** 2021-1-AT01-KA153-YOU-000021538  
**Start Date** Oct 10, 2021  
**End Date** Aug 9, 2022  
**EC Contribution** 41,312 EUR  
**Partners** Genclik ve Degisim Dernegi (TR) , LOLIVERS AMKE (EL) , Pro Loco Villarosa (IT) , ASOCIACION EGERIA DESARROLLO SOCIAL (ES) , Real Sensations Association (PT)  
**Topics** Development of training courses ; Quality and innovation of youth work ; Youth policy development

## Project Summary

### Objectives

We are different NGOs from different parts of Europe but we are all struggling and trying to make a change in the migration issue in our countries. Most of our volunteers are of migrant background and as migrants (especially refugees) are often in situations where they can be discriminated against or difficulties to integrate into the society and it is very important to support them in order to make them active citizens for everyone by including them in social, economic and cultural life. From the other side there are opportunities for the young people in difficult situations (unemployed, school drop outs etc) who could take advantage of many opportunities especially by international programs such as Erasmus +.

The overall aim of the long term training course is to train youth workers, youth leaders being aware of positive (brain drain) and negative sides of migration and know how to deal with challenges resulting from migration and how to use opportunities in the society where they are currently living. Our participants will be ready to develop projects connected to migration and mobility, engage young migrants in their activities and foster mobility among youth. They can also help to change the general image of migration in society and promote tolerance and positive attitude towards immigrants (and refugees in particular) in society.

### Activities

There will be 28 participants, 6 participants from Portugal, 6 participants from Turkey and 4 participants from each country: Greece, Spain, Portugal and Sweden where there is big migration/refugee/asylum seeker issues in their countries. "Youth Has No 'Borders'" is a long-term training course, with the 1st training course will be in Diyarbakir, Turkey, 1-10 of January of 2022 and The 2nd training course in Vienna, Austria, 1-8 of May 2022. During our training courses non-formal education methods will be used: group work, theory-oriented sessions, discussions, outdoor activities, simulations, quizzes, debates, field visit, theatrical performances, simulation game and various team building/evaluative games and especially technological games such as kahoot, flipped classroom, Word Cloud Generator, QR Codes etc.

### Impact

Expected results of our long term training course:

Methods' booklet on invented youth work activities on raising awareness of migration issues both positive (brain drain) and negative (radicalization, discrimination etc),

A platform run by participants to raise awareness about migration issue and raise public debate on the issue include interviews and articles on raising awareness of integration of migrants.

Local and European youth activities and projects on supporting the integration of immigrants in the practice period.

6 Short movies on youth work solutions for integration of young people with refugees and migrants background.

6 New project ideas according to the new Erasmus+ programme.

We plan to run at least 2 events per partner organization to show the e-book and videos which are created during the project and share their experiences with their locals.

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals  
Action Type: Mobility of youth workers

## Project Title

# Youth has a Strategy

## Project Coordinator

**Organisation** Service Civil International Österreich  
**Address** Schottengasse 3a/1/4/59 , 1010 Wien , Wien , AT  
**Website** [www.sciaustria.org](http://www.sciaustria.org)

## Project Information

**Identifier** 2021-1-AT01-KA153-YOU-000018621  
**Start Date** Dec 1, 2021  
**End Date** Jul 31, 2022  
**EC Contribution** 28,226 EUR  
**Partners** ASOCIATIA „ASSOCIATION COLOUR YOUR DREAMS" (RO) , AL Teatro - Teatro do Arade, Associação Cultural (PT) , Genclik ve Degisim Dernegi (TR) , ASOCIACION EGERIA DESARROLLO SOCIAL (ES) , Pro Loco Villarosa (IT) , LOLIVERS AMKE (EL) , Stowarzyszenie IMPAKT (PL)  
**Topics** Development of training courses ; Quality and innovation of youth work ; Youth policy development

## Project Summary

### Objectives

The pandemic days we are living makes us look at the world in a different way. Change is here and, because of that, nowadays, positive change is crucial. We must scrutinize our behaviours and habits, blooming the good things, transforming the bad stuff, and try to improve and develop fresher and newer approaches to every single and holistic aspect of our lives, both as individuals as well as citizens. And, because we believe that the best field to flourish and spread a positive and active evolution path is the less corrupted one – the youngsters. That's why we want to increase Youth has a Strategy to ensure a more equal, just, and happier future. With this project we intend to analyse different youth work methods, approaches, activities, share good experiences and practices, dissect the errors and failures, in order to create fresher and more effective youth work skills and tools. While some people believe COVID-19 situation will damage the European Union, countries will be more nationalist and close their borders, people will be more radicalized; we -as partner organizations and youth workers/leaders- believe on the contrary. At least, we believe that the goals of the Strategy are more important nowadays and we would like to contribute in the solidarity among youth workers from different countries. We decided to develop a project together with experienced youth workers, leaders from the partner organizations which we have been working together for a long time. We will follow the objectives of the field of actions to do something for the Strategy and discuss how to put it in practice from the theory. Explore possibilities, improve tools, and develop new projects according to the proposals of the Strategy. According to our Erasmus + project experiences, we realized that as youth workers and leaders, we still don't have a holistic approach to the European Youth Strategy and we are trying to practice it in a more particular way. But we believe that without a holistic approach to the Strategy, something will always be missing and we will not be able to contribute enough in reaching the goals. The Strategy is a strong message which can inspire youth work all over Europe. The overall aim of the seminar is to gain deeper knowledge on European Youth Strategy as the main direction of youth work at local and European level. Experienced youth workers, trainers and project managers share their point of views, experiences and practices concerning the Strategy. Inventing tools and projects based on the needs of their target groups along the Strategy. Objectives of the seminar are:

- To raise understanding on the objectives of new European Youth Strategy;
- To foster understanding of 'Engage-Connect-Empower';
- To exchange experiences and good practices on local and international youth activities based on the objectives of the Strategy then to discover and explore its challenges;
- To Encourage young people's engagement in solidarity, promoting support schemes and seek for synergies between EU funding instruments and national, regional and local schemes;
- To prepare a recommendation on possible tools and projects in order to put the Strategy into practice;
- To make the Strategy more understandable by using non-formal methods and equipping youth workers with competences and methods for their professional development, needed for transferring the common fundamental values of our society, particularly to the hard to reach young people and preventing violent radicalization of young people as well.
- To support and develop opportunities for 'learning to participate', raising interest in participatory actions and helping young people to prepare for participation,
- To develop new transnational youth projects according to the proposals of KA1 Mobility projects for young people and youth workers within Erasmus + programme.

Our project is linked to youth policies in Europe. The Strategy should inspire all national youth strategies, so it is needed to find good practices and give answers for the challenges. As experienced youth workers we would like

to explore and share good practices which were already done and discuss the challenges which can stop the influence of the Strategy

## Activities

We all partners decided to organize the seminar in Diyarbakir, Turkey on the 05-11th February 2022. “Youth has a strategy” will bring 30 youth workers and leaders (including 3 trainers and facilitators) from Austria, Greece, Turkey, Portugal, Italy, Spain, Poland and Romania. Participants will be from several different backgrounds. Some of the participants are already selected because they were a part of a developing project. All youth workers already are active in their organisations and they will take part in all aspects of the project from the digital collaboration to attending the seminar, with the other partners, will work out a method and indicators of selection procedure. During the seminar, there will be several methods used when participants can experience being a part of the Strategy in order to foster their emotional and rational understanding concerning this multi problem situation. Especially role plays, forum theatre, board games will provide them an opportunity to try them out being in different roles of a youth worker who work with young people with fewer opportunities. Some examples for methods we will use during the seminar: individual work, pair work, small mixed group work, national group work, role plays, field visit, making a collage, symbolise, making definitions, express a link between theory and practice, drawings, creating a ‘dreamland’, insolent meal method etc. Main elements of the seminar flow: - Who we are and what we will do here together? - How do youth workers, leaders contribute actively in solidarity and how can we be ‘a big international team’? - What is the background of the Strategy in general? - What are the characteristics of the multi problem situation regarding being a youth leader to contribute to the goals of the Strategy? - Which methods can we use to achieve the goals of the Strategy and make it easily understandable for young people? - How transnational youth projects supported by the Erasmus + programme can support young people to create a holistic approach to reach the goals of the Strategy? Our project is linked to youth policies in Europe. The Strategy should inspire all national youth strategies and give answers for the challenges. By all our activities, we will try to encourage youth workers, leaders’ engagement in solidarity, promoting support schemes and seek for synergies between EU funding instruments and national, regional and local schemes

## Impact

It is a group of 30 people and it will be already a big impact on participants. All outcomes (included methods) will be written in the outcomes and will be a useful guide for youth workers. Tangible result of our project what we can disseminate: E-book which will contain new methods, tools for youth workers to be used in their local and international projects, articles and videos which will be created during the seminar. Ideas for youth work activities and exchange projects about the Strategy.

The target audiences of our dissemination activities include young people aged 13+, youth workers, youth leaders and policy makers. In order to reach these audiences project partners will:

- Make a press release announcing the beginning of the project;
- Include the project on each of our websites;
- Set up a dedicated instagram/facebook page for the project. It will be edited by the participants and maintained by volunteers from the project team; By social media we are planning to reach approximately 3.000 youth workers;
- Arranging interviews with participants on local/national radio and TV;
- Support participants in running community engagement events to disseminate project learning through the outcomes and videos to increase knowledge and awareness of the Strategy and Erasmus + opportunities;
- We plan to run at least 1 events per partner organization to show the e-book and videos which are created during the project and share their experiences in their locals.

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals  
Action Type: Mobility of youth workers

### Project Title

# "How Are You, Really?"

## Project Coordinator

**Organisation** Arbeitskreis Noah. Verein für Sozialpädagogik und Jugendtherapie  
**Address** Kenyongasse 15/4 Stock , 1070 Wien , Wien , AT  
**Website** [www.noah.at](http://www.noah.at)

## Project Information

**Identifier** 2022-1-AT01-KA153-YOU-000064601  
**Start Date** Sep 1, 2022  
**End Date** Aug 31, 2024  
**EC Contribution** 50,690 EUR  
**Partners** CHARITABLE ORGANIZATION VZAYEMOPOMICH (UA) , Tegyük Együtt az Ifjúságért Alapítvány (HU) , Academy of Innovation (RU) , Yeni Nesil Eğitimciler Topluluğu (TR) , Réseau Professionnel de la Jeunesse en Auvergne (FR)  
**Topics** Physical and mental health, well-being ; New learning and teaching methods and approaches



## Project Summary

### Objectives

According to HORIZON, the EU Research&Innovation Magazine of the European Commission, in an article published on Jan 2022: "Children and adolescents tend to have more mild disease compared to adults if they catch the coronavirus that causes Covid-19, but they are still struggling to cope with the pandemic. Curfews, closures, and lockdowns have taken their toll on their emotional wellbeing."

So much so that they have been coined "The Covid Generation".

This is a topic we've extensively been discussing among ourselves as youth workers during the last 2 years as we noticed the youngsters we were in touch with were gradually falling into depression, dropping out from their studies, indulging in binge eating, drug use and sedentarity. Some of them even shared with us some episodes of suicide ideation.

We decided to do something about it and gathered a group of specialists on youth projects, nutrition, personal development trainers, a yoga teacher, a sophrologist, a healthy lifestyle coach and a group of youngsters to design a 3 phase project (2 Training Courses for youth workers and 1 Training Course on empowering youngsters to be youth leaders with intermediary phases back home) on Life Balance and Mental Health. We aim to provide a complex learning experience for youth workers and youth so they can better understand the importance of Life Balance and Mental Health in their life and use that knowledge in their daily work.

The main aim of the project is to increase the quality of youth work by providing a complex learning experience for youth workers and young people so they can better understand the importance of Life Balance and Mental Health in their life and use that knowledge in their daily work.

#### Objectives:

1. Increase awareness about the importance of the continuum between Life Balance and Mental Health among youth workers and young people
2. Develop the professional capacities of young workers in designing and implementing activities promoting Life Balance/Mental Health among young people, based on non-formal education methods
3. Exchange practices and experiences on Life Balance/Mental Health among youth workers and young people from different countries.
4. Develop and disseminate a pocket guide and affirmation cards on promoting Life Balance and Mental Health

### Activities

We set the following structure for the implementation:

- Preparation at home
- A1 - Training Course on Life Balance (France) 24 participants
- Local action #1 - use competencies, methods, tools acquired during A1 by the implementation local activities and testing of a pocket guidebook on the promotion of Life balance, in each partner country
- A2 - Training Course on Mental Health (Austria) 24 participants
- Local action #2 - use competencies, methods, tools acquired during A2 by the implementation of local activities and testing of updated pocket guide on the promotion of Life Balance and Mental Health, in each partner country. Support and preparation of young people for the Training Course.
- A3 - Training course on empowering youngsters to be youth leaders on promoting Life Balance and Mental Health (Ukraine) 24 participants

- Local action #3 - dissemination of the project's results (a pocket guide and affirmation cards on promoting Life Balance and Mental Health)

Partners: France, Hungary, Austria, Ukraine, Russian Federation, Turkey

Outcome: pocket guide for youth workers+a set of affirmation cards about Life Balance and Mental Health, which will contain knowledge, tools, resources and materials

The profile of the participants are following:

- Youth workers and persons in other relevant positions in youth work.
- Youth workers or youth who are motivated in upgrading their knowledge on Life Balance and Mental Health.
- Youth workers and youth who are currently working on, or are interested to work on, the topics of Life Balance and Mental Health in youth work context.
- Youth workers working with depressive youth and youngsters who are struggling with social interaction before and since the covid pandemic.
- Youth at high risk

## Impact

The results of the project will bring a positive impact on the development of youth work and youth health in general, not only in the participating organisations but on much wider stakeholders as well.

Contribution to the quality development of youth work will be achieved as a complex of the following:

- increased awareness about the importance of the continuum between Life Balance and Mental Health among youth workers and young people
- exchange practices and experiences on Life Balance/Mental Health among youth workers and young people from different countries
- new working methods discovered by youth workers during the project activities (energizers and icebreakers, team building games, reflection, evaluation and feedback, etc)
- improved professional capacities of young workers in designing and implementing activities in general
- better respond to the needs of target groups based on practical experience
- new working tools developed (a pocket guide and affirmation cards) to promote Life Balance and Mental Health
- better confidence in the designing and implementation of own activities, workshops/seminars, etc
- more creative ways to organising activities and their work in general
- community support from peers/experts from abroad working on the same topic
- improved mental health (and hopefully physical) condition both youth workers and their target groups

We are organising this set of one-week life balance and mental health trainings, in order to train youth workers and youth in the use of a structured package of life balance and mental health training materials which they will then adapt and use in their own training courses, workshops, seminars, etc for youth and other youth workers who act as primary information/knowledge providers. The last activity (A3) specifically aimed to empower youngsters to be youth leaders on promoting Life Balance and Mental Health. Thus, it will create the multiplying effect by improving general conditions of the health among youth, on local and regional levels.

The project is designed in a way to trigger positive effects on participants even after the activities in a sustainable manner, both on personal and professional levels improving the quality of youth work they deliver. We are aware that this process can be a long one depending on the person but it is easy to convince people once they have experienced the sense of completeness one can feel when they quit mortiferous lifestyle habits.

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals

Action Type: Mobility of youth workers

## Project Title

# Individual Wellness for a Mindful Youth Work

## Project Coordinator

**Organisation** MOVE to Be You  
**Address** Tauchen 125 , 7421 Mönichkirchen , Niederösterreich , AT  
**Website** <http://movetobeyou.org/>

## Project Information

**Identifier** 2022-1-AT01-KA153-YOU-000063296  
**Start Date** Oct 1, 2022  
**End Date** Jul 31, 2023  
**EC Contribution** 25,746 EUR  
**Partners** Ticket2Europe (ES) , Youth for Equality (SK) , Smokinya Foundation (BG) , Be Visible Be YOU (EL) , Avrasya Genclik Gelisim Dernegi (TR) , JOETZ vzw (BE) , Freedom Universe (PL) , AVE - Experimental Hub for Social Arts (IT)  
**Topics** Physical and mental health, well-being ; Creativity, arts and culture ; New learning and teaching methods and approaches

## Project Summary

### Objectives

Nowadays youth workers are constantly facing rapid changes in the structure of society; both personal and professional daily life are subject to sudden changes that often provoke insecurities, fears and anxiety into the individuals. The primary cause of this problem is the lack of emotional intelligence in the people, especially youngsters, who miss the skills to face positively a fast paced society. Moreover, with the coming of the pandemic in 2020, the last two years the experts have seen the situation becoming extremely critical.

Youth workers and all the youngsters working in fields having cultural, social or political impacts were of course effected as all the others, causing tangible negative effects on their daily life and youth work as well. The focus on this specific category is due to the informations the project team collected by using a survey spread by the partners and filled by 90 youth workers coming from all the participating countries. These young people act as multipliers with their daily work, so they have the important power to change, help and inspire other young people;

This is the context in which MOVE To Be You began to develop the idea of "Individual Wellness for a Mindful Youth Work", with the aim of using creativity and mindfulness as tools to show to the participants the way for a conscious youth work and to promote well-being among young people preventing the risk of social exclusion and paving the way to a positive change in society.

Consequentially, the aim of the training course is to allow youth workers to learn about the importance and usage of mindfulness in order to enhance their self confidence, leadership and self-development skills, therefore they can improve their personal life and act as multipliers in their youth work.

The objectives of the training are:

1. To learn innovative methods of mindfulness by practicing both mental and physical activities for self-empowerment and youth development.
2. To acknowledge and explore the power of creativity and artistic tools for personal development and social inclusion.
3. To discover the usage and benefit of gamification in youth work and in daily life
4. To discover the value of Erasmus+ as a tool for the development of young people.
5. To promote environmentally sustainable and responsible behavior with the awareness on reduction/compensation of our environmental footprint
6. To promote the use of digital tools in order to raise awareness on the importance and taboos of Mental Health

### Activities

"Individual Wellness for a Mindful Youth Work" is a candidate Erasmus+ Training Course focused on emotional intelligence and creativity.

It will involve 9 organisations from 9 countries, namely Austria, Bulgaria, Belgium, Greece, Italy, Poland, Slovakia, Spain and Turkey. All together 31 participants (youth workers) including 3 trainers. It will be realised between 4 – 12 Oct. 2022 (including travel days) in Neu Nagelberg, Austria.

The main target group of the project regards youth workers ideally aged between 18+ and 30. They shall be active in their organizations as youth workers, be a social worker, be teacher/trainer/educator working with people with fewer opportunities and interested in the topic. Pre existing experience with Mental Health related issues is not a must, hence experienced or relevant youth workers will be good to be added to the group for higher level of quality and peer learning opportunity.

The focus of the training is on self-awareness and self-discovery by practicing various mindfulness methods and creativity. The participants will take part in activities led with experiential learning and non formal methods for them to learn how to integrate experiential learning processes in their youth work; specifically the participants will deep dive into emotional intelligence and enhance their skills with the usage of creativity, arts, movement, gamification and mindfulness practices for their future projects and youth work. Moreover, our training course is designed to help youth workers to connect their body and mind, by implementing workshops and team building activities to learn about mindful practices. By doing this, they will develop their leadership style, become better leaders and be able to inspire and empower others with the gained tools.

Through their digital results (awareness raising social/traditional media campaigns) their skills will be developed and the visibility of the project be augmented. Supporting awareness raising on the topic and promotion of E+ learning opportunities.

In order to tackle the mentioned issues of the project, the project trainers will use several techniques and activities such as:

- innovative methods of mindfulness aimed to emotional control and stress self-reduction
- mental and physical activities for self-empowerment and youth development
- activities related to creativity and arts for personal development and social inclusion
- gamification to be used in youth work and in daily life
- mindful usage of digital tools for specific needs
- intercultural dialogue and conflict management tools

## Impact

The main expected result for the applicant and partner countries and their youth workers is to become better equipped at evaluating their own personal and professional life, as well as setting a number of checkpoints that will provide them with necessary data to check on their personal status and projects success.

Participants will develop greater compassion, sense of sharing and belonging to community, and later on they will be supported in getting benefit of these qualities into their personal and professional lives.

Moreover, it is foreseen to encourage more associations to become active in working with mindfulness and creativity for individual and social goals, that is why we tried to balance the partners in a way that half of them are already involved in such activities and other ones are not focusing on these field, but still working with youngsters in the Erasmus+ field. By doing this we expect to encourage and motivate more organisations to start on raising the awareness about the topic and to utilize the opportunities E+ programme is providing for international Life Long Learning for organizations and their youth workers.

The expected reach of impact is approx. 200 people directly and 8000 people indirectly all over the countries of the partnership. The project summary and results, participants' testimonials appear on the website/or social media of MOVE to Be You, facebook pages, newsletters, Instagram, LinkedIn, and groups, reaching directly app. 1500, indirectly 10000 people. Partners' website and facebook reach is similar to these data.

Materials produced by participants will be disseminated by them and their organizations. These social media/traditional media campaign will be a great input for these numbers to be reached.

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals  
Action Type: Mobility of youth workers

## Project Title

# Think Before You Click

## Project Coordinator

**Organisation** Verein zum Zweck des EU-weiten, kulturellen Austausches - wEUnite (wir verbinden)

**Address** Johann-Strauß-Gasse 7/11 , 1040 Wien , Wien , AT

**Website** [www.weuniteaustria.eu](http://www.weuniteaustria.eu)

## Project Information

**Identifier** 2021-2-AT01-KA153-YOU-000038696

**Start Date** Feb 1, 2022

**End Date** Mar 31, 2023

**EC Contribution** 25,179 EUR

**Partners** Institut za poticanje mladih (HR) , Smokinya Foundation (BG) , ASOCIACION JUVENIL ALMENARAS (ES) , Fundacja Insert (PL) , Miyuki (RO) , 21 Nap - Fiatalok a Tudatosabb Életért Egyesület (HU) , New Wellness Education - APS (IT) , Youthtopia (EL)

**Topics** Digital content, technologies and practices ; Digital safety ; Media literacy and tackling disinformation



## Project Summary

### Objectives

“Think Before You Click” is a mobility of youth workers that aims to prepare them for the digital transformation of our world. Web 2.0 means that our online world is based on interaction and it is co-created by users. Everyone can provide content. As a consumer of the internet, it can be dangerous and overwhelming. As a content provider, we have to become aware of the immense responsibility.

The project aims to increase participants' critical thinking, media literacy and social media literacy skills. It aims to enable participants to establish a healthy relationship with technology (especially social media) and allow them to better navigate the online world. Additionally, the project aims to plant the seeds of responsible content creation and it takes a step towards reducing disinformation. Further, the goal of the training course is to equip youth workers with the needed tools to support their youngsters in their digital development as well.

### Activities

The youth workers mobility “Think Before You Click” will take place in July 2022 in Neu Naglberg, in Austria. The venue is a place that is close to nature and where we can focus on our learning without any distraction from the outside.. There will be 25 youth workers from Hungary, Croatia, Poland, Spain, Italy, Romania, Bulgaria and Austria who take part in the project.

The used methods will be in line with non-formal education and the main aim is to develop participants' critical thinking, media literacy and social media literacy skills. The youth workers mobility will use methods such as group work, discussion, simulation, presentation, research, role-playing, experiential learning, journaling, and reflections.

All the activities and workshops will be conducted according to the principle of non-formal education in order to foster a self-directed and individual way of learning and improvement. Participants are youth workers (20+ years of age) who are interested in developing themselves and are very motivated to take part in the project and are eager to share knowledge and develop their key competences. They are also open to experience interculturality, diversity, and different learning methods. The participants will have plenty of opportunities to realize their own ideas and share their thoughts. This way they will not only get more active and creative but also find an open space of acceptance and discovery in order to find new ways of spending time meaningfully. The project focuses on empowering youth workers and equipping them with skills that will be useful to them in their daily work with young people. The participating organisations take care that the group is gender-balanced and 50% of participants have fewer opportunities.

### Impact

(1) The results of the project, such as the booklet and social media content will be shared and in our opinion it will be beneficial to our networks. Sharing the results even after the mobility and after the official project end will continue being beneficial to others.

(2) Networks that are created throughout this mobility of youth workers will also go beyond the lifetime of the project and are valuable and beneficial for future cooperations in different settings.

(3) At the local level, this project will help to stimulate the economy and culture of the town where the venue is located. The participants will encounter and interact with the local people if the regulations allow it by then, their activities might end up getting people, especially local youth, more interested in what is happening and how to participate. In case meeting local people will not be possible we plan an online get-together to still meet locals. An online event will also be held involving locals.

At the regional level, the results of this project will be shared and made visible, this will result in a further net of getting uninvolved people interested but will also serve to strengthen the NGO ties. Other organizations might get interested and involved, networks of cooperation will get strengthened by that and further growth as well as opportunities will follow.

On a national and international level, the impact will be lessened however similar. All 8 partner organizations will share the results, talk about it, make events and attempt to get more people involved and interested in this whole project scene. All in the effort to apply the knowledge and skills acquired on this meeting by developing digital skills and using non formal education for learning. Through that we are having a direct impact on numerous local communities, sharing them with respective local organisations and youth workers working for the empowerment and social inclusion of youth at risk of failing in the digital world.

On an European level we will create tools and a handbook to be used for further projects and establish new connections to work on future projects together. Besides the tangible result there is also social media that will be used to disseminate the results and share the outcomes of the project, which can easily be spread on an European level through all partner organizations and participants.

(4) Participants will learn how to better filter information, better navigate the online world and develop a healthy relationship with social media. We also expect them to become responsible content creators.

(5) Through the online posts and videos, and local workshops we expect the project to reach more people across Europe and inform them about the opportunities Erasmus+ offers.

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals  
Action Type: Mobility of youth workers

## Project Title

# Media Camp 2022: From the Margins

## Project Coordinator

**Organisation** macuco - multiple alternative culture collective  
**Address** Pantucekgasse 33/1/15 , 1110 Vienna , Wien , AT

## Project Information

**Identifier** 2022-1-AT01-KA153-YOU-000067338  
**Start Date** Jun 1, 2022  
**End Date** Dec 31, 2022  
**EC Contribution** 35,811 EUR  
**Partners** TransmitterV (LT) , Die Spieleberatung (DE) , Collettivo Accrocchio (IT) ,  
Заедно срещу фашизма (BG)  
**Topics** Community development ; Creativity, arts and culture ; Media literacy and  
tackling disinformation

## Project Summary

### Objectives

After two full years of constant digital meetings, Media Camp 2022: From the Margins aims to bring partner organizations in the same physical space to dive into a hands-on approach to creating their own media. The name "From the Margins" stands for acknowledging both the DIY aspect of media creating and the ability to reach niche audiences which brings it on the edge compared to mass media approaches. Working on their own media helps participants to address personal interests, needs of local groups - topics that do not necessarily find space in mass media, such as LGBTIQ+, migration issues, access to services for marginalized groups, etc.

In this exchange project, we bring together youth workers from Austria, Bulgaria, Germany, Italy, and Lithuania for exchange of good practices between the organizations as well as improving participant's artistic and technological skills to later bring them back in their local communities and further building up youth engagement from the margins.

Participants will get introduced to 3 different media forms: zines (self-published magazines) and newspapers, radio and audio formats, video formats, and streaming. Then, groups will be formed based on the interests in a specific medium and work will focus to get in-depth knowledge and develop small-scale projects in those media forms. Besides these practical workshops, participants will learn more about media theory, copyrights and creative commons, and how to teach media skills to their local communities.

The project naturally concerns the issues of visibility, recognition of needs and participation in society. These issues and the problems that go along with them are omnipresent in the work that we all do.

Through DIY media projects and a stronger support of already existing activities that are implemented in the organisations, assistance will be given in overcoming or at least communicating these problem areas.

Through the project, impulses are set that shows the direction in which youth work is moving in the self-managed context. For a long time, these groups and initiatives, which often move on the margins or outside of regularly funded organizations are strong and important points of reference for adolescents and young adults. The learned forms of self-empowerment are important tools to learn democratic co-determination and to perceive possibilities of action in a democratic society, but also to expand them. Media and related media production are powerful means of self-expression and self-empowerment. Through the expression in own formats and own words, these voices can be strengthened in the public discourse and we understand youth work as a motor that makes this possible. By means of the project, we want this perception to establish itself as a standart, that communities contribute to strengthening these voices and thus also contribute to a solidary society and a stronger democratic structure.

### Activities

The project consists of a preparation visit of 9 people in before the training and training for youth workers that will take place in lower Austria / St.Pölten. 33 People consisting of 2 facilitators 1 assistance person and 30 participants are joining the main activity the training course that takes place within 8 days in August 2022.

The participants of the training will come from a background where they are involved in formal or informal groups

working with youth and young adults. The background of the groups is varying from activist approaches to media, culture, or artistic work. All the initiatives connected with "Media Camp: from the margins" are bottom-up initiatives that in the majority are independent of their local municipality and work on a self-organized basis with a high amount of intrinsic motivation.

Most of the people involved as participants work under precarious conditions. The majority of the people active in the groups are working project-based, independent, self-employed, or in short-term gig economy-based contracts. At least half of them are living in a constant financial struggle with an income of or below the existential minimum. In the selection of participants we give favor to people of color, trans-, inter\*, non-binary and queer people, and to people with less or no income as well as to people with disability. We also will have a quota of at least 50% women\* among participants.

The location where the project will take place in the grounds of LAMES / Sonnenpark in St.Pölten. The spacious garden area with a park and cultural buildings has already offered us good space for training and exchange projects. There is a good basic infrastructure and several workshops and working spaces of different sizes. The cultural association follows an ecologically sustainable strategy and is a place that is well anchored in the neighborhood and the city.

The preparation visit takes place around six weeks before the training. Two people of each organisation meet on site of the training. Through this, all partner organizations gain a very clear idea of the venue and the available resources with enough time to still organize missing resources or equipment that participants need.

Two of each group meet on site of the training. The timetable includes a tour through the area and buildings, exchange about the participants joining, final preparation of the timetable, a meeting and talks with external facilitators and trainers as well as the support kitchen team.

The training itself is based on several phases. On the first 2 days, participants get to know each other and form care groups. In the course of the project, the care groups take over smaller daily reproduction tasks and serve as a reflection and micro-community structure.

After this the content part starts. Participants get an overview of the different media formats they are learning and learn basic information about the technical handling of equipment and basics of legal aspects.

Participants will learn the different media formats in workshop groups. In the form of 3-hour workshops the participants get an introduction to the different tracks of Audio & Radio / Zines 101 & Community Newspaper / Streaming & Video and thus get to know all formats at least on the surface. They then decide which media format they want to work within the further course of the training.

They also learn about Youthpass and the Erasmus+ Programme and join in on a multi-part session on media theory in which participants will learn background information on media production and analysis. This will be accompanied by models for questioning and identifying fake news and quality standards in media work. Together with the session on transferring the learning to the respective communities, the participants learn the basics for transferring their knowledge to the organizations. They will be strengthened by the session in their multiplier and peer co-mediator roles.

From day 5 onwards, participants have the opportunity to specialize in one media field and then start a project in this field. This process allows participants to deepen their knowledge of a medium, and they can choose to work either alone or with others on a small project, accompanied by experts. The output of the activity is then

presented to all participants at the end of the training.

The final part of the training deals with the feedback and further cooperation ideas. There is a joint review and evaluation of the skills learned and then the project ends with a collective goodbye dinner and open evening.

## Impact

The project gives participants very practical tools that they can use immediately and directly in their work. The media production methods they learn can easily be taught to others and the strategies on how to best disseminate them within the organisations and communities are worked out and considered together. Not only the participants but also interested or other members of the respective groups can start new media projects or upgrade existing media projects after the training.

With simple technical possibilities and often without the need for the organizations to purchase new equipment (or low-cost equipment), new spheres of action can be enabled. Events can get a much wider reach via streaming, hybrid formats become easier to implement, formats such as podcasts or short films can be easily produced and provide more visibility for the organizations, the people involved, and the content they mediate.

The individual and group projects that people did work on through the training also leads to a better understanding of aspects like creative commons and open access as the results are distributed in that way, therefore allowing everybody who is interested in the alternating, build-up, translating, and in general, copy, distribute and share the common results.

This knowledge gained through the training gets distributed through skill-sharing sessions. In these formats, the components learned in the training are presented in a simple and accessible form. These sessions will be well documented and the documentation will be made freely available afterwards through the participating projects. This documentation, together with a report on the training, will be made available on the websites of the participating projects and will also be communicated through the various channels of the organisations.

The handouts and training materials used in the training should also be passed on to all participating organisations as internal training material. In the course of preparation, agreements are made with the trainers, participants, facilitators or groups that bring in the respective material. This will create a pool of knowledge that can be used beyond the project and shared with interested people within the network.

Learning about how media is done and how they also can participate as media producers will lead to a better understanding of complex situations within society in general. People will understand better how society is structured what the impact of politics is and what role media plays within this. They will focus more on European questions through understanding that a globalized world needs collective approaches towards complex questions and towards a diverse society for all. Through the participation of local and regional participants in transnational initiatives, these communities gain more connected on a European level. Participants sharing their experiences can empower others to do similar and thus to participate more in networks that go beyond their circle and area of activities. These networks will support the exchange of good practices and in general, will aim for emancipation for everyone within the society. Thus, networks of youth, cultural and artistic workers, activists, and others will sprout. They will strengthen the local, regional, national as well as European, and international civil society and will support the approach of diverse and peaceful cooperative communities.

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals  
Action Type: Mobility of youth workers

## Project Title

# Go Visual: visual thinking tools for youth work and education

## Project Coordinator

**Organisation** Plattform Generation Europa  
**Address** Tauchen 125 , 7421 Mönichkirchen , Niederösterreich , AT  
**Website** [www.generationeuropa.eu](http://www.generationeuropa.eu)

## Project Information

**Identifier** 2022-1-AT01-KA153-YOU-000072048  
**Start Date** Dec 1, 2022  
**End Date** Nov 30, 2023  
**EC Contribution** 36,640 EUR  
**Partners** Fundacja Innowacyjnej Edukacji (PL) , Mensch-Raum-Land e.V. (DE) ,  
Tegyünk Együtt az Ifjúságért Alapítvány (HU) , ASSOCIAZIONE  
INTERNAZIONALE PER LA COOPERAZIONE E L'EDUCAZIONE NEL  
MONDO APS (IT) , "Barekamutyun" Educational Cultural NGO (AM) ,  
Civic Initiatives Association (GE) , AVENTURA MARAO CLUBE (PT) ,  
Academy of Innovation (RU) , Kfar Hanoar Kyriat Shmona (IL) , SAGLAM  
DUSUNCE GENCLER TESKILATI ICTIMAI BIRLIYI (AZ) , CHARITABLE  
ORGANIZATION VZAYEMOPOMICH (UA)  
**Topics** Creativity, arts and culture ; New learning and teaching methods and  
approaches ; Quality and innovation of youth work

## Project Summary

### Objectives

Go Visual: visual thinking tools for youth work and education is a follow-up project of a project which we have implemented in 2018:GO VISUAL: visual thinking tools for youth workers dealing with integration of migrants and refugees, supported by Erasmus + programme in 2018.

This project was born from the idea to empower youth workers, trainers, and educators to use interactive and creative methods in education and equip them with skills of graphic facilitation, visual thinking tools, graphic recording, and other tools of visualisation in order to support & foster the educational process, empower youth motivation, ensure effective communication and increase learning results and addressing challenges such as intercultural dialogue, educational work with marginalized groups, preventing bullying, hate speech and radicalization of young people and to develop critical thinking abilities.

The aim of the Go Visual project is to raise awareness and develop competence of educators, trainers, teachers, youth workers and young people in visual thinking tools and graphic facilitation, in order to empower, raise effectiveness and quality of educational process and learning. This TC also helps to build a holistic and inclusive educational environment, where young people, not just receivers but also active actors and contributors to their own learning process.

#### Objectives:

- To increase awareness and importance of the use of the visual thinking tools in education and youth work, and how to apply them to youth work and training;
  - To learn basic elements of visual language and how to use it to create meanings and to develop your own visual library
  - To explore sketch-noting & graphic recording techniques: to visualise and structure concepts and ideas in an easy and concise way.
  - To explore why visuals are useful and how they help to better remember & understand things, empower and motivate, grab attention & and call to action.
  - To learn what graphic facilitation is and how to use it in different contexts and for specific goals
  - To learn how to stimulate critical thinking and creativity with graphic tools.
  - To become more self-expressive and to reduce risks of misunderstanding;
- To create visual instruments to support the self-learning process of visual think and graphic facilitation competence development.
- To discuss the ways visual thinking tools contribute to social inclusion in education and youth work

### Activities

Title: Go Visual: visual thinking tools for youth work and education - Mönichkirchen, Austria

Countries: Austria (Host),Hungary, Portugal, Italy, Poland, Germany, Israel, Russia, Armenia, Azerbaijan, Ukraine, Georgia

Number of participants: 34

Number of trainers: 2

Total amount of participants and team: 36



Working language: English

The aim of the Go Visual project is to raise awareness and develop competence of educators, trainers, teachers, youth workers and young people in visual thinking tools and graphic facilitation, in order to empower, raise effectiveness and quality of educational process and learning. This TC also helps to build a holistic and inclusive educational environment, where young people, not just receivers but also active actors and contributors to their own learning process.

The programme will be discovering what is visual thinking concept and how it could be applied to youth work. Learning what doodling, infographics, graphical recording, graphic facilitation, and scribing are and how they can be used in education. The participant will learn how graphic facilitation can be an educational tool, reflection instrument, personal development instrument, motivation, and empowering method. How visualising thoughts help to clear aims, unite people, support communication, call to action and how visuals make changes. Practicing will be the key point of development and sharpen skills of the participants, so we will be practicing a lot the usage of various visual tools, drawing again and again, in different styles on different topics different elements. Through the practice, we will create concrete products, results, and outcomes such as posters, infographics, mind maps, comics and etc. The main outcomes that participants will be able to take are an educational visual library and big practice results. The educational visual library - is a set of visual icons, simple pictures explaining words, definitions, and phrases. This small collection will be a starting point for educators to develop their own visual library, which they can use any time in their work, presentations, and sketches. The big practice results - are the results of deep work development of concrete educational visual tools related to the participant's educational and youth work. Posters, infographics, whiteboard scribing, training templates, visualised presentation, and many other outcomes. All training results participants will be able to physically take-home use in their work and share with others. The education will be based on experiential learning meaning that the participants will be learning by doing, and later will reflect the experience. Apart from the methods, we will invest in creating a safe but diverse learning environment where participants will be learning through interacting and sharing.

The training course will gather 36 participants - educators coming from formal and non-formal education systems (trainers, teachers, pedagogues facilitators), psychologists and social workers from the formal (educational) institutions; youth workers dealing with young people and staff from NGOs and formal education system as the main target group We also also involve youth educators working with young people with fewer opportunities, in particular with social, economical and geographical obstacles. Participants will come from Austria, Germany, Poland, Hungary, Portugal, Italy, Ukraine, Russia, Armenia, Azerbaijan, Georgia, Israel.

## Impact

Our participants -educators from different formal systems and Youth Workers will develop a set of graphic facilitation skills. Impact on educational process and work with young people by using visual tools and graphic facilitation skills on Educational and with work process will be raising the effectiveness of education and youth work. Improving information delivery, Structuring information, materials will be easy to remember, empower the participation of the youth. The learning process will become more inclusive by supporting visual learners, learners with language difficulties and barriers, and people with disabilities. Changing attitudes of the learner's towards education making it more interesting and engaging.

One of the important parts of the visual education is including learners into visual work, and through graphics learn together the material. So

Including learners in the learning process by involving them in the drawing and art process is another expected impact. Combining learning with a personal mega net, using visual methods and tools together with learners and

youth raising their creativity, visual skills, and stimulating self-learning process.

Sharing visual work with the learners will also create feeling of co-creation and raise ownership of the youth on their own learning and educational process.

We expect from the participants of the training to learn, develop and share their gained knowledge in graphic facilitation and visual skills. Share with local and international partners, organisations, institutions, youth workers and youth.

We expect participants of the workshops understand the importance and power of visualization and visual tool in education, youth and social work and in their life. Understand how art and visual instruments support their learning process, develop their creativity, structuring processes, help in multitasking, gathering thoughts, presenting ideas, empowering initiatives, and in general help in different aspects of work and life.

We expect a strengthening of educator's competences with visual skills and graphic tools.

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals  
Action Type: Mobility of youth workers

Project Title

# Toolbox of communication

## Project Coordinator

**Organisation** Xenia. Verein zur Förderung der Vielfalt  
**Address** Haldenweg 10/5 , 6700 Bludenz , Vorarlberg , AT  
**Website** [www.xenia.cc](http://www.xenia.cc)

## Project Information

**Identifier** 2021-1-AT01-KA153-YOU-000009294  
**Start Date** Aug 1, 2021  
**End Date** Jun 30, 2023  
**EC Contribution** 51,542 EUR  
**Partners** Asociația Pentru Inovatie In Educatia Adultilor (RO) , YOPA - FIATALOK AZ ÁLLAMPOLGÁRI RÉSZVÉTELÉRT KÖZHASZNÚ EGYESÜLET (HU) , Región bez hraníc (SK) , PROACTING - Associação para a Promoção do Empreendedorismo e Empregabilidade (PT) , Futurum - Coordination of EU Projects (PL) , ARMENIAN PROGRESSIVE YOUTH NGO (AM) , Centrul pentru Cooperarea Tinerilor (MD) , Foster Youth Group (UA) , BOSNIAN REPRESENTATIVE ASSOCIATION FOR VALUABLE OPPORTUNITIES (BA) , IDEAL GELECEK (AZ)  
**Topics** Digital youth work ; Quality and innovation of youth work ; Preventing racism and discrimination

## Project Summary

### Objectives

In general, Austria's Federal Police does not use the term hate crime in its recording methodology. However, the category of "politically motivated crime" is divided into four subcategories: right-wing/extremist, xenophobic/racist, antisemitic and islamophobic. The annual report of the BVT includes selected data and breaks down the figures on incidences of right-wing extremism as well as the figures concerning some particularly relevant crimes, such as bodily harm, threat and damage to property. 1 075 politically motivated crimes were reported in 2018 with a slight increase compared to 2017 (which was 1 063). Out of these 1 075 offences, 732 (68.1 %) were rightwing/extremist, 236 (22 %) were xenophobic/racist, 49 (4.6 %) antisemitic and 22 (2 %) islamophobic. Between 1 January and 31 March 2019, the Antidiscrimination Office of Styria documented 28 islamophobic insults (in particular against Muslim women); 11 insults based on ethnicity, and seven on skin colour; as well as five bodily attacks (one based on ethnicity, four on religion) in the region of Styria

The overall aim of the training is to train youth workers and youth leaders on using media (jokes, short movies and advertisements) as tools on antidiscrimination. To make them aware of their own cultural background, and how it influences them towards different cultures. To foster understanding the reasons behind their reaction, stereotypes and prejudices, and to recognize discriminations around and by them. To learn usage of new media technology on antidiscrimination with for and by young people they work with such as Roma, minorities and migrants' backgrounds.

As youth workers, we have to deal with

- different cultural young people who experience social exclusion and discrimination based on their cultural background;
- local young people who are influenced by hate speech online and local level through media and family background;
- young people with migrants' backgrounds from an absolutely different culture, even still traumatised by their previous life experiences;
- 2nd generations of refugees kids who don't belong to the culture of their parents, however don't find their place in the culture of majority.

By our project initiated by XENIA (AT), YouthClub (RO), YOPA (HU), RBZ(SK), Proacting(PT), FUTURUM(PL), CCMD(MD), FYG(UA), IDEAL (AZ), APY(AM), BRAVO(BiH) we aim to make people aware of their subculture, their behaviour towards differences, raise awareness on their stereotypes and prejudices and spotlight when they discriminate others even unconsciously on EU level with EECA and Western Balkan countries.

. Foster understanding how media effect their perspectives towards each other, how a joke can be discriminative even without knowing it. Then as next step, turn it upside down, use media as tool against discrimination. Use the popular tools what young people like nowadays for the sake of anti discrimination and even invent projects and build partnership around the topic as antidiscrimination by the tool as media devices.

Organisational development goals set up by the outcomes of researches:

We will plan 30 local youth work activities to shoot social advertisements with, for and by young people in order to fight against discrimination towards young people with different cultural background in the following 2 years.

We will invent together at least 16 youth exchanges, youth participatory projects and training courses in order to involve young people into intercultural teamwork and fight against social exclusion and discrimination of young people with different cultural background in the following 2 years.

We will start partnership building among 12 local youth organisations of the host partner and the other 10 partners of our consortium in order to sustain the outcomes of our project within future intercultural cooperation on EU level with EECA and Western Balkan countries.

These will be measured by online questionnaires filled by the representatives of the partner organisations throughout the whole project. By the numbers and success of the local youth work activities based on intercultural education – its' descriptions and outcomes will be shared in our web platform of our long-term cooperation. The number of young people will participate in the local and online youth work activities and social advertisements campaigns and their verbal and written evaluation e.g. questionnaires, comments, messages. The number and success of the international youth exchanges and local youth participatory projects will be realised by our consortium, the number and evaluation of young people who will participate in those through online questionnaires, their photos and posts from the youth exchanges and youth participatory projects.

## Activities

We apply for one activity entitled Toolbox of communication – Training course on stereotypes, prejudices and discrimination and how media can be a useful tool for antidiscrimination and inclusion on EU level with EECA and Western Balkan countries at 20-27 January 2022 Bludenz, Austria. The course is strongly based on experiential learning (learning by doing), with adequate time allocated for debriefing and reflection throughout the whole program as the process will be highly personal and aim for attitudinal changes therefore the reflection is very important part of the process (as the educational team is well aware of). Generally, the working methods will be rather non-formal and participative. The methods are chosen in a way to allow for a maximum of substantial learning effects, meet the needs of the group and encourage a high level of participation in a very unique way in the process of the training. It is very important to take the “real-life” cases and the experience of the participants, their organizations and from other youth workers and from the field. The working methods used in this training are chosen so that to offer the possibility of equal involvement of each participant, every person being stimulated to dialogue and intercultural learning, to reflection and experiential learning, to activation of personal resources. Methods planned to use e.g. individual work, pair work, organisational work, mixed group work, field activity, light theatre method, theatre of oppressed, Dixit card exercise, montages, interviews, statutes, debate, aquarium discussion, movie making, etc.

Programme flow will be:

7. Starting from Me as competence development;
8. Put theories into practice regarding myself
9. Put theories into practice regarding to my target group as young people with diverse cultural background;
10. Sharing and exchanging good practices for competence development of my target group;
11. Preparing, shooting and disseminating social advertisements on combating discrimination among young people in the represented local communities;
12. Inventing new local and transnational projects such as youth exchanges and youth participatory activities according to the proposals of Erasmus + programme with special focus on antidiscrimination.

Theoretical parts of the training course:

- To get acquainted with the formal and content wise criteria of youth exchanges and youth participatory activities within Erasmus + programme,
- To explore the European Youth Strategy “Engaging, Connecting and Empowering young people” and the 3rd Youth Goal “Inclusive societies”;
- Definitions of culture, cultural identity, cultural diversity and intercultural learning based on the approaches of the European Commission, the Council of Europe and the United Nations and UNESCO;
- Definitions and examples of stereotypes, prejudices and discrimination based on the approaches of the European Commission, the Council of Europe and the United Nations and UNESCO;
- IT technology as support tool for making social advertisements on combating discrimination;

Practical parts of the training course:

- Practicing to prepare, shoot and disseminate social advertisements on combating discrimination among young people in the represented local communities.

- Adapting intercultural learning methods into the local and European youth work context of participants;
- Inventing new local and international youth projects against discrimination of young people by using creative and innovative methods on competence development of local and European young people.

Our target groups are the full time, part time and voluntary based staff of partners. Our partners specified their profiles and needs through S.W.O.T analyses and focus interviews with colleagues offline and online between September 2020 and February 2021:

Professional learning needs of our fellow youth workers:

We will have a deeper understanding on the roots, forms and consequences of discrimination.

Our competences will be improved to address discrimination in our communities and we will contribute to breaking stereotypes, prejudices, discrimination and racism that are facing various groups in our local communities, especially minorities including refugees and migrants;

Our competences will be developed to create and launch social advertisements' campaigns, awareness raising actions fighting the roots of stereotypes and prejudices and fighting discrimination and racism;

We will be competent to effectively use various media, including social one, as tools for awareness raising on the issue of discrimination.

## Impact

Impact on participants: participants will gain new competences related to areas covered by the training course. They will gain better knowledge of social exclusion and discrimination. They will better understand the roots of these issues, their impact especially on young people development. They will learn and explore new tools, activities that they can be implemented to fight discrimination and social exclusion such as how to implement local movie making workshops on antidiscrimination and how to disseminate social advertisements on combating discrimination of different culturally young people. They will increase their competencies to create and run social advertisements campaign and gain better understanding how to raise awareness of young people on discrimination. They will get information on Erasmus + Programme and its key Actions and activities such as youth exchanges and youth initiatives.

Besides new knowledge, our training course will have impact on attitudes of the participants. They will reflect on own stereotypes, prejudices, become motivated and empower to fight social exclusion, and discrimination. They will develop skills that they can apply in the process of looking of for new educational, volunteering or job opportunities e.g. they will improve their English, ability to work in intercultural team. They will develop their organization skills. Trainers will encourage the participants to share lessons learned with their colleagues and in their communities with aim to empower the participants to become active and take part in the process of creating socially inclusive society, promoting Erasmus + Programme and mobility opportunities for young people with fewer opportunities such as Roma, minority, refugees and migrants.

Impact on participating organizations: the organizations were already involved in the process of drafting of this application. It means that they had the opportunity to increase their capacities in the area of Erasmus + Programme, project management of training course. By involvement in our training course, they will strengthen their competences even more. They will have an opportunity to create new networks, strengthen partnerships, to share their practices, to discuss the obstacles and challenges that they are facing in the process of fighting discrimination and social exclusion. In overall, they will increase their capacities to address these issues and they will learn how to organize social advertisements campaign to raise awareness on the issue of discrimination among young people in their local communities. The training course will be also an opportunity for youth workers coming from their organizations to increase their competences thus the organizations will have more competent staff and volunteers.

We will prepare, shoot and disseminate 7 social advertisements on combating discrimination in the represented local communities based on the needs of our young people we work with in daily basis.

1 social media portal that will present all social advertisements on antidiscrimination prepared by participants youth workers (7) and made by young people supported through local move workshops by participants youth workers (30) in the following 2 years.

We will plan 30 local youth work activities to shoot social advertisements with, for and by young people in order to fight against discrimination towards young people with different cultural background in the following 2 years.

We will invent together at least 16 youth exchanges, youth participatory projects and training courses in order to involve young people into intercultural teamwork and fight against social exclusion and discrimination of young people with different cultural background in the following 2 years.

We will start partnership building among 12 local youth organisations of the host partner and the other 10 partners of our consortium in order to sustain the outcomes of our project within future intercultural cooperation.

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals

Action Type: Mobility of youth workers

## Project Title

# “Gender and Media Free Youth Work(er)s”

## Project Coordinator

**Organisation** Service Civil International Österreich  
**Address** Schottengasse 3a/1/4/59 , 1010 Wien , Wien , AT  
**Website** [www.sciaustria.org](http://www.sciaustria.org)

## Project Information

**Identifier** 2022-1-AT01-KA153-YOU-000069698  
**Start Date** Jun 1, 2022  
**End Date** May 31, 2023  
**EC Contribution** 55,388 EUR  
**Partners** Genclik ve Degisim Dernegi (TR) , Stowarzyszenie IMPAKT (PL) , Real Sensations Association (PT) , Associazione Urban Center (IT) , ASOCIACION EGERIA DESARROLLO SOCIAL (ES) , Cesta rozvoje, z.s. (CZ) , INTERAKTIVA (HR) , Asociatia idei si proiecte pentru tineri activi (RO) , Reģionālās attīstības un sociālo iniciatīvu organizācija "Perspektīva" (LV)  
**Topics** Promoting gender equality ; Media literacy and tackling disinformation ; Quality and innovation of youth work



## Project Summary

### Objectives

We and our partners have planned this project to discuss, analyse, understand and propose new approaches and views to the gender subject and try to create workshops and other creative, ludic and artistic activities, as well as, simple social media tools, in order to make young people (and consequently their families, relations, acquaintances and communities) understand these issues more easily and get more self-aware of their, and their communities, everyday behaviours.

We will be youth workers from 10 countries, Portugal, Latvia, Romania, Spain, Italy, Poland, Czech Republic, Croatia, Austria and Turkey. All these countries represent different gender discrimination and gender violence problems.

Several people, from different cultures, backgrounds, educational and economical levels, are often confused with so many “status quo” behaviours, the “political correct”ness, old and new civil, political and religious gender concepts, and actual gender laws. So, we believe that is such an important need to clarify and simplify these gender related issues, both by and for youth workers. That’s why we plan to develop, on this project, a training course, for and with youth workers aiming younger people, because we believe that especially them are the ones who really are not so much aware about these diverse gender issues. According to our international project experiences, we realized that younger people have less information about gender issue than older ones. With this project we seek to learn and educate ourselves more about the sexism and gender-based discrimination in our society, whilst raising awareness and building up positive attitudes regarding this delicate topic. The themes will be addressed from a constructive criticism, focusing on the role that all of us should play. We will work the subject through diverse dynamics and making use of multimedia resources such as videos, artistic activities, etc. We plan to use non-formal educational methods to achieve this specific objectives:

- Gather people from different gender, ethnic and cultural backgrounds, fomenting an open dialogue and active participation;
- Create awareness about the realities of our society and of each country regarding gender-based situation, understanding and being more conscious about it;
- Debate definitions and uncover sexist behaviours, analyse them and work them out;
- Develop critical thought and strengthen everybody’s personalities by working tolerance, respect, teamwork ability;
- Foster their feeling of sharing common values and raise their sense of belonging to Europe, increasing European values;
- Awareness of gender and cultural diversity in local, regional and international levels;
- Identify and share similarities and differences in everyday life in different countries;
- Offer opportunity to meet partner groups and develop concrete ideas for future projects focusing on gender, cultural diversity, and active participation of young people in order to prevent gender discrimination;
- Increase knowledge about E+ Programme in order to develop new projects in the future,
- Develop skills and attitudes to motivate Youth Workers to create their own workshops, media content, videos and other artistic activities, increasing awareness on gender issues and about the role of the media.

During our second training course in Vienna: We are planning to train youth workers so that they can support and empower young people to be agents for social change and combat gender-based stereotypes and sexism in offline and online media.

Specific objectives:

- Building of key competences (knowledge, skills and attitudes) of youth workers/leaders to integrate different approach, tools and resources that promote gender equality in media content.

- To engage, connect and empower young people to use opportunities and tools to create and share media content which will promote and support respecting of human rights and gender equality.
- To improve the quality of youth work and NFL to more efficiently and extensively use innovative and creative tools in their everyday work and promote respect of human rights, equal opportunities, and gender equality
- To promote and improve international cooperation, exchange and capacity development of youth organizations and young people, in the field of gender perspective in media context.

During the project, participants will gain theoretical knowledge about the Gender equality and practical skills how to use media tools as effectively social intervention method in their youth work in their local communities towards meaningful social change. Participants will learn how to use of line and on line media space to combat gender stereotypes, prejudices, sexism, and violence and hate speech and contribute to gender equality. Participants will create, practice and produce diverse media contents – radio shows, short movies and internet thematic texts.

## Activities

“Gender and Media Free Youth Work(er)s” is a long term training course which will be implement in Diyarbakir, Turkey and in Vienna, Austria. The background of the participants are very diverse within each national group, so, the international group will be even more heterogeneous, what will largely enrich this TCs.

We will have 36 +36 = 72 youth workers of tree Latin countries, Portugal, Spain and Italy (where sexism and gender violence are common), Poland, Latvia, Czech Republic, Croatia and Romania (where gender discrimination, violence are being usual) and Turkey (where women and men live in two separate worlds). However, we believe that it is very important to have 2 training courses in 2 different countries (Austria and Turkey) which have completely different gender situations from each other. Nowadays it is difficult to underestimate the role of Media in achieving the fundamental value of gender equality. Having a great role in society, the Media definitely affects the perception of gender and acts as one of the main tools for "gender stereotyping". In 2013 the Committee of Ministers of the Council of Europe stated that “gender equality means equal visibility, empowerment, responsibility, and participation of both women and men in all spheres of public life, including the media". Though having a big potential in promoting gender equality, in Europe media still acts as a tool that creates and maintains gender stereotypes. In the neighbouring partner countries, we see an even worse picture. Though these countries also share the main European values, in local realities we see lots of Gender-based Inequalities and that’s why we aim to increase awareness and provide youth workers with proper knowledge about gender issues and perspectives of European and project countries media, so enabling them to work on gender-related projects.

With this project, we are planning to have at least 20 participants with fewer opportunities, that come from different backgrounds: some with financial and / or sexual orientation pressures, others with political, social, geographical, religious and / or ethnical obstacles, having cultural differences, demographical isolation or educational difficulties.

## Impact

As the fourth pillar of democracy, the media is a crucial sector in which gender and women’s issues must be addressed in order to improve equality across society. Despite progress in other areas of representation and democracy, women are still underrepresented in media governance structures and policy/agenda setting positions in the industry. Indeed, the treatment of women and gender in the media, including the constructed notions of femininity and masculinity, directly affects the status of women in society. Such constructions can either create or reinforce demeaning and stereotyping conceptions of women and other sexual minorities or instead attempt to subvert dominant biases.

Through a combination of case-study analysis, and both theory-based and dynamic training sessions, participants will consider a wide set of issues, domains and techniques including journalism, publicity, media regulatory bodies and guidelines, sexism in the use of language and the representation of violence against women, (new)

masculinities and LGBTQ+ communities in the media.

The main impact on the participants will be the attitude that they will have towards others, especially those who have a different cultural background and who never felt that they might be discriminating someone. Although this impact cannot be quantified, it will affect the long-term attitude in their communities. In a direct way, all participants will be much more sensible to several gender issues, especially discrimination and violence.

On this TC, the participants will get a clearer view about the roots, situations in different countries, some ideas for solutions, definitions of some main concepts about Gender and its diverse inherent issues. They will experience different types of non-formal education methods, in order to be able to apply them back in their organizations and communities, in their daily youth work, along with new activities, related to Gender issues, developed and created by them. These tools, related to creative and artistic activities, will be helpful to foment respect and tolerance, to solve conflicts, to diagnose and analyse eventual problems, to debate and to try to find solutions, always with a pleasant and playful environment. But mainly, the youth workers will be more conscious and aware of several gender issues, that will always be present, directly or indirectly, on their daily professional and personal life.

Expected results of our long term training course: Methods' booklet on invented youth work activities on raising awareness of free gender and media and a platform (website, padlet page or other virtual platforms) run by participants to raise awareness about gender issue and raise public debate on the issue include interviews and articles on raising awareness.

Local and European youth activities and projects on supporting the gender and media free society in the practice period.

6 Short movies on youth work solutions and 6 new project ideas according to the new Erasmus+ and ESC programme. We plan to run at least 2 events per partner organization to show the e-book and videos which are created during the project and share their experiences with their locals.

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals  
Action Type: Mobility of youth workers

## Project Title

# European Youth for Global Solidarity

## Project Coordinator

**Organisation** Service Civil International Österreich  
**Address** Schottengasse 3a/1/4/59 , 1010 Wien , Wien , AT  
**Website** [www.sciaustria.org](http://www.sciaustria.org)

## Project Information

**Identifier** 2021-1-AT01-KA153-YOU-000019383  
**Start Date** Sep 1, 2021  
**End Date** Nov 30, 2023  
**EC Contribution** 55,109 EUR  
**Partners** FODERATION DER NATIONALKOMITEES IM INTERNATIONALEN KULTURELLEN JUGENDAUSTAUSCH - ICYE EV (DE) , VOLUNTARIAT ZAVOD ZA MEDNARODNO PROSTOVOLJNO DELO LJUBLJANA (SI) , SERVIZIO CIVILE INTERNAZIONALE ONLUS (IT) , ASSOCIATION DE VOLONTARIAT ÉCHANGE CULTUREL ET ACTION DES JEUNES (FR) , CENTER FOR INTERCULTURAL DIALOGUE ASSOCIATION (MK) , PROJEKTE VULLNETARE NDERKOMBETARE (AL) , Space for Sustainable Development (JO) , INEX - SDRUZENI DOBROVOLNYCH AKTIVIT Z S (CZ) , Center for Dialogue and Reconciliation "Iskra" (UA) , BOUWORDE VZW (BE) , ASSOCIATION DE VOLONTARIAT ET ECHANGE CULTUREL ET ACTION DES JEUNES (TN) , VOLUNTARY SERVICE INTERNATIONAL (IE) , SERVICE CIVIL INTERNATIONAL - DEUTSCHER ZWEIG E.V. (DE) , SCI - Projets internationaux ASBL (BE) , VSFr (TN) , JEUNES ACTIFS DANS LE VOLONTARIAT ET LES VOYAGES ALTERNATIFS (BE) , ASSOCIACAO MAIS CIDADANIA (PT) , SOLIDARITES JEUNESSES MCP (FR)  
**Topics** International relations and development cooperation ; Preventing racism and discrimination ; Quality and innovation of youth work

## Project Summary

### Objectives

Europe is involved in global injustices, both historically through colonial history as well as in the present through ongoing economic and political injustices. This also affects youth and volunteering organisations in Europe: Very often, European volunteers in a postcolonial context such as the Global South perceive their voluntary service as “helping” and as “developing”. With this seminar, we want to contribute to a critical reflection of volunteering in postcolonial contexts among volunteering organisations across Europe. We want to share among youth and volunteering organisations methods and tools on how to make the young people we reach more aware and critical about their own role, when participating in voluntary services in the Global South. We want to make organisations across Europe aware of the potential of self-development of young people in postcolonial contexts and how to turn the good intentions that often lie behind young people’s “white savior” mentality into active citizenship around global justice. Our objectives are:

- 1) Share/discuss approaches and methods how to make volunteers and young people in general critically reflect about neocolonial attitudes and their connection with colonial history as well as how these relate to themselves
- 2) Share/discuss approaches and methods on how youth and volunteering organisations in Europe can show solidarity, build a grassroots movement, and/or create campaigns in North-South cooperation
- 3) Create new youth projects around global justice
- 4) Create institutional changes in European youth and volunteering organisations around how North-South volunteering exchanges are done and thus shift the neocolonial discourse among European volunteering organisations more towards global justice
- 5) Improve the critical skills around neocolonialism and global justice among youth workers sending volunteers to the Global South
- 6) Create a new fifth improved version of the toolkit „Picturing the Global South: The Power Behind Good Intentions“ (<http://www.sci.or.at/wpcontent/uploads/2018/07/Picturing-the-Global-Southtoolkit-Version-3-2018.pdf>)
- 7) Network between the organisations involved in the application

### Activities

“European Youth for Global Solidarity“ consists of two activities:

#### Activity 1

“Beyond Neocolonialism – Solidarity and activist training for youth workers“ is a 7 day training that will take place from 15th to 21st December 2021 in Vienna, Austria. The 14 countries involved are Austria, Czech Republic, Belgium, Tunisia, France, Macedonia, Germany, Portugal, Slovenia, Italy, Albania, Jordan, Ukraine, and Ireland. 30 participants will attend (including the coordinating team). Participants are staff or volunteers in volunteering and youth organisations across Europe and beyond that send volunteers to postcolonial contexts - either to the Global South or to places within Europe where colonial history plays a vital role, e.g. in refugee centers or in communities with people of colour. The youth workers participating in this seminar train, prepare and ideally involve and empower volunteers they send to these postcolonial contexts and they see a need to become more critical and more aware about their practice.

#### Activity 2

The Power Behind Good Intentions – Training for European volunteering organisations“ is a 7 day training that will take place from 15th to 21st April 2022 in Kötschach-Mauthen, Austria. The 14 countries involved are Austria,

Czech Republic, Belgium, Tunisia, France, Macedonia, Germany, Portugal, Slovenia, Italy, Albania, Jordan, Ukraine, and Ireland. 30 participants will attend (including the coordinating team). Participants are staff or volunteers in volunteering and youth organisations across Europe and beyond that send volunteers to postcolonial contexts - either to the Global South or to places within Europe where colonial history plays a vital role, e.g. in refugee centers or in communities with people of colour. The youth workers participating in this seminar train, prepare and ideally involve and empower volunteers they send to these postcolonial contexts and they see a need to become more critical and more aware about their practice.

## Impact

The strongest outcome will be a renewed fifth version of the toolkit “Picturing the Global South: The Power Behind Good Intentions”, which is already widely used by global education practitioners and volunteering organisations all over Europe. The toolkit and the project as a whole try to strengthen a discourse on global education and volunteering in the Global South that is focused on and critically reflective of issues such as justice, racism and colonial history. NGOs from the Global South will contribute to the toolkit through Skype and email conversations with the coordinating team. As part of the results from the first training, different campaigns to tackle global injustice will be published. We will also strengthen the postcolonial discourse around North-South volunteering also by organising a webinar in the second training.

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals  
Action Type: Mobility of youth workers

## Project Title

# All equal - aber wie? Wirkungsvolle Anti-Diskriminierungsarbeit für/mit jungen Menschen in einem diversen Europa

## Project Coordinator

**Organisation** Katholische Aktion der Erzdiözese Salzburg, Fachstelle  
Antidiskriminierungsstelle in der Stadt Salzburg

**Address** Kirchenstraße 34 , 5020 Salzburg , Salzburg , AT

**Website** [www.antidiskriminierung-salzburg.at](http://www.antidiskriminierung-salzburg.at)

## Project Information

**Identifier** 2022-1-AT01-KA153-YOU-000067216

**Start Date** Jun 1, 2022

**End Date** Dec 31, 2022

**EC Contribution** 13,338 EUR

**Partners** Amt für Jugendarbeit (IT) , Info-Integration, Belgisches Rotes Kreuz (BE) ,  
Verein aha-Jugendinformation Liechtenstein (LI)

**Topics** Inclusion of marginalised young people ; Preventing racism and  
discrimination ; Democracy and inclusive democratic participation

## Project Summary

### Objectives

Our European society has always been quite diverse, but unfortunately it goes with structural discrimination of people, that don't seem to fit into the „norm“, due to color of skin, social status, disability, sexual orientation, sexual identity, religion, etc.

We as youth workers in this mobility, want to promote Equality - within the frame of the European Youth Goals, to engage in Gender Equality as well as for an inclusive society as such, especially for young people.

We want to learn from each other, how we work -in this context- with young people, how we tackle structural challenges, what kind of campaigns or public activities we are involved in, that have the objective to stand up against discrimination and engage for Diversity and Equality.

We want to learn in various fields: To know more, we will get Input on what research has found out on how discrimination affects young people, what current data and facts are available on this subject, what does it mean for the lives of young people? To get more/better tools for our work, we will take a look at each other's good practice, but will also invite guests of specific fields (Black Voices Peoples Vote, Girls with Disabilities, LGBTQ+ activists, Against-Hate-Speech NGO) , to get to know their ways of working, their experience and also their demands for change.

We also want to work on our own attitudes and reflect on them, as this is also important, when wanting to be caring and powerful partners to young people.

We will translate our learnings into action plans, that will support us in follow up activities after the mobility in our own communities and our organization.

We will take time for reflection to deepen our learning, youth pass will support us.

All partners will participate in all phases of our project: Already in this phase of writing this application, partners gave inputs and feedback. In June, there will be an online meeting to get to know each other better and to update our plans for the mobility in October 4-8, 2022. We will make sure, the developed programs meet our expectations and maybe adapt according to our needs. After the mobility, it will be our task to share experience back home, to implement activities on local and regional level, to share our learnings.

An online platform will support our work from beginning, all information, links, work flows, methods and documentation will be available for all participants - also after the mobility.

### Activities

In June we plan to have an online-meeting, to get to know each other better and to prepare our mobility in October together. We will meet in Salzburg from October 4-8, 2022. After this, we will work on sharing our outcomes back home, to implement our learnings in our field of action (organisation, volunteer work, etc) and to plan follow-up activities.

21 youth workers from four partner countries will take part, their background is youth work, social work, specific anti-discrimination work.

### Impact

In this mobility, we want to have learned about up to date research, facts and figures in the area of anti-discrimination- work.



We want to have a better knowledge on tools and methods to tackle this field of work with and for young people, because we learned this from partners or from guests of this mobility. We want to have taken time for reflection, to grow as individuals, to be able to be good partners for young people in our work against discrimination and for diversity and equality / equal chances.

We want to have strengthened european solidarity because we realized, how similar our challenges are and how to gain support and power through european cooperation.

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals  
Action Type: Mobility of youth workers

## Project Title

# LEAP INTO THE VOID – Art and creativity for self-empowerment

## Project Coordinator

**Organisation** Kinderfreunde Mühlviertel  
**Address** Gewerbestrasse 7 , 4222 St. Georgen/Gusen , Oberösterreich , AT  
**Website** [www.kinderfreunde.cc](http://www.kinderfreunde.cc)

## Project Information

**Identifier** 2022-1-AT01-KA153-YOU-000069983  
**Start Date** Aug 1, 2022  
**End Date** Jul 31, 2023  
**EC Contribution** 21,622 EUR  
**Partners** Asociatia de Tineret ONESTIN (RO) , ASSOCIAZIONE AGRADO - APS (IT) , ASSOCIACAO CHECK-IN - COOPERACAO E DESENVOLVIMENTO (PT) , Asociace TOM CR, TOM 21105 DUMANCI (CZ) , Młodzieżowy Dom Kultury nr 2 (PL) , KINONIKI SINETAIRISTIKI EPICHERISIELLINIKI SYMMETOCHI NEON (EL) , Youth Center of Georgia (GE)  
**Topics** Physical and mental health, well-being ; Creativity, arts and culture ; Quality and innovation of youth work

## Project Summary

### Objectives

This project arises from the common concern about the mental health issues arising more intensely during the pandemic. Worldwide we are assisting to a parallel silent pandemic, called demotivation, depression, anxiety, suicidal thoughts, eating disorder, hitting the population and mainly youth.

The reports from WHO and Unicef show how worldwide youth mental health is at risk: statistics say that 27% of the youth interviewed, reported feeling anxiety and 15% depression; 46% report having less motivation to do activities they usually enjoyed. 36% feel less motivated to do regular chores.

Nowadays youth are paying the highest price; for this reason we felt the need to provide tools for self-care, for youth workers and youth, to build what is missing: resilience to unexpected situations, self-awareness and capacity of imagining a better future.

With our partners we want to provide an answer to this situation, and we believe that our project contains tools and methods able to reinforce and empower youth workers in their support work with young people.

The project idea is a TC for Youth workers on art as a form of self-knowledge through self-expression and the following discover of inner strengths and of skills as resilience, emotional competences and flexibility.

In the TC we will use paths of artistic creation (found poetry, caviardage photovoice, landart, eye-colletion...) as introspective tools, together with tools like mindfulness, active listening, and inspirational resilience examples taken from the history of art, from the life of painters, writers and other artists.

#### OBJECTIVES

1. Empower Youth workers personal and professional competences providing them with art and creativity approaches and methods on the topic of self-awareness and emotional management, for self-care and for supporting young people.
2. Enrich the participants toolbox providing concrete methods based on creativity and art (Found poetry, caviardage, photovoice,...) to facilitate the inclusion, the support and the open dialogue with youth facing temporary vulnerabilities, and to use with them;
3. Motivate the youth workers to embrace their creativity and to use it as a transformative power for their professional and personal lives, empowering their introspective capacities and identifying their inner strengths even to cope with unexpected and challenging situations;
4. Improve youth work quality providing the participants with space to reflect on their role of emotional youth support, and constructively reflect upon their own experiences, on their work and role;
5. Strengthen participants' and organisations' competences and capabilities in youth work with international dimensions and cooperation;
6. Enhance non-formal education methods, youth work quality and the recognition of NFE learning (output production: photo-report booklet of the project).

### Activities

"Leap into the void" is a Training Course for Youth workers on Art as a form of self-care and self-knowledge through the discover of inner strengths and of skills as resilience, emotional competences and flexibility.

Nowadays we strongly need to empower ourselves for our personal self-care and, as youth workers, to be able to support youth facing mental health issues.

The TC wants to enhance the capacity to face positively unexpected situations and obstacles in life discovering own inner sides and strengths through creative and artistic paths.

The project aims also to strengthen the International cooperation, exchange of knowledges, experiences on Youth work value.

**METHODS:** The TC will empower the professional and personal competences of Youth Workers on artistic and psychological methods and tools.

All the methods will be non-formal and based on the will of the learner, who can freely decide how deep he/she wants to go in the process of self-expression. The used methods and tools speak an universal language, made of images, emotions, expression through many different technichs and ways.

Such methods foresee: creative writing (cut-up, found- poetry, Dada's method, photo narration), eye-collection, landart, stories from artist's lives, exercises on mindfulness, empathic communication and active listening, outdoor activities, Evaluation and self-assessment, intercultural activities.

#### AIMS OF EACH SESSION

The more specific objectives divided by days, are:

DAY 1 - Arrival, get to know each other, name games, first informations, house and project rules

#### DAY 2 - UNLOCK CREATIVITY

Build the group through common poetry, Share learning expectations in the groups and tools to turn into learning achievements. Investigate personal and professional needs. Graphic and verbal exercises on unlocking creativity (impro theatre, drawing and writing with "obstacles",..) - Selfcare and self-assessment times.

#### DAY 3 - AN ARTISTIC VIEW

Concrete analysis of one artist's life and how he/she overcame the obstacles- exercises on creative writings (photo narration and life resilience moments- sharing in group- Debriefing). Selfcare and self-assessment times.

#### DAY 4 - THE MASTERPIECE INSIDE

Workshop on Path of drawing, writing and photo on a given autobiographic topic- story-telling- Active listening and empathic communication - final sharing in group. Mid-term evaluation.

#### DAY 5 - BEING IN THE MOMENT

Elements of creative mindfulness - Visit to a local artist's atelier to know about his/her creative process. Self-care and self-assessment times.

#### DAY 6 - LANDART

Planning and realizing landart in the wood, in groups or Individually. Tour of the artworks. Debriefing. Selfcare and self-assessment times.

DAY 7 - EVALUATION and ASSESSMENT: Follow up and dissemination plan; Collecting ideas for further cooperation - Self-assessment and general evaluation of the project and activities through questionnaires and activities, .

DAY 8 - Departure, last evaluation round, Youthpass delivery, group picture, networking for future projects

Every day is foreseen one moment for reflection ("How our child artist feels") to "harvest" the learning of the day and assess the competencies gained (through different NF and creative techniques, Blob, Feeling Cards, Dixit cards,...). The final evaluation with questionnaire, visual tools and reflection on 8 Key competences will provide us a clearer vision of the flowing of the TC.

It will be held at the Mühl-fun-viertel in Klaffer,/Hochficht Austria, from 17th to 24th of March 2023 and the countries involved will be 8: Austria, Italy, Portugal, Greece, Czech Republic, Poland, Romania, Georgia.

We will gather a participants group composed by 24 participants (3 youth workers from each country) + 2 trainers and 1 staff member.

The Youth workers are members of the same partner organisations or at least with a strong connections with these.

The Training will be hosted in a big seminar house in the countryside, called Muehl-fun-viertel and the group will

live like a big family. Everything needed will be provided, travel and safety is supported by the house and the coordinating organisation. This is the spirit of trust and connection that we want to create as a perfect setting and learning environment to such a sensitive kind of learning.

## Impact

The impact of the Training Course on participants will be very deep, mainly because deep will be the methods and activities proposed, working in a holistic way (keeping into consideration the rational, emotional, spiritual and physical sides of the participants).

These are the results we expect:

More connected with personal development:

- Capacity to recognize, express and manage own emotions;
- Discover inner strenghts;
- Developed capacity of empathic communication with no judgment;
- Arised capacity to protect themselves from emotional burnout, recognising their own true needs;
- Enhanced capacity of introspection, self-motivation and resilience
- Renewed attitude to use creativity in facing life challenges;
- Empowered own Artistic skills.

More connected with youth work:

- Learned new methods of empowerment through art as introspective way - Creative writing technics (Caviardage, Dada's method, Found poetry, cut-up), methods to unlock creativity, landart, visual technics, free expression and active listening).
- Get a "Toolbox" with practice methods and creative activities to use with youth once at home;
- Learn how to manage a deep emotional activity in group, following the example and the tips of the Trainers;
- Skills on debriefing in deep emotional activity
- Got main awareness on youth mental issues in Europe and the role of Youth work for it.

On Participating organisations we expect the following impact and results:

- More wellbeing in workplace: change of attitude of participants (in long term) inside their organisations: more attitude to calm and reflection, not overcoming to stress through finding creative approach to difficulties;
- Increase their capacity to cooperate on an international level. Through this project they will exchange experiences and work methods that they will be able to implement in their own work. They will strengthen international cooperation, open the door to learning about other cultures and approach to non-formal education from country to country;
- Improved quality level of their work as the participants work directly in their organisations and pass the acquired learnings and methods to the whole staff. Organisations will also benefit from this, offering more qualified, aware and motivated staff;
- Created an European informal network promoting quality in youth work, cooperating for further projects, for certification and validation of non-formal education, and for recognition of the youth worker's role.

On Target groups we expect the following impact and results:

- Participating youth workers and organisations can be the best multipliers of the project achievements and results because they will apply these ones every day in their work. Even if it will be only 3 participants per partner, at long term, with their daily work in using the new tools and methods, they can affect their work, their colleagues' one and that with youngsters.

- Youth, especially those with problematic backgrounds, will benefit from the participants artistic tools and from their empowered attitude to empathy, care and self-esteem. Their behaviour will have an effect by example to be followed by youth and other organisations. This will be a long-term effect and we strongly believe in a deep change.

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals  
Action Type: Mobility of youth workers

## Project Title

# “The conscious volunteer” - reflecting and improving the preparation of volunteers

## Project Coordinator

**Organisation** GRENZENLOS - INTERKULTURELLER AUSTAUSCH  
**Address** LATSCHKAGASSE 1/4 , 1090 WIEN , Wien , AT  
**Website** [www.grenzenlos.or.at](http://www.grenzenlos.or.at)

## Project Information

**Identifier** 2021-1-AT01-KA153-YOU-000010145  
**Start Date** Aug 1, 2021  
**End Date** Nov 30, 2022  
**EC Contribution** 20,858 EUR  
**Partners** DANSK ICYE (DK) , Asociación para la Formación y Actividades Interculturales para la Juventud (ES) , OBCIANSKE ZDRUZENIE KERIC (SK) , MAAILMANVAIHTO RY (FI) , FODERATION DER NATIONALKOMITEES IM INTERNATIONALEN KULTURELLEN JUGENDAUSTAUSCH - ICYE EV (DE) , ASSOCIATION JEUNESSE RECONSTRUCTION (FR) , ICJA - FREIWILLIGENAUSTAUSCH WELTWEIT EV (DE) , ALTHJODLEG UNGMENNASKIPTI-AUS (IS) , ASSOCIAZIONE DI PROMOZIONE SOCIALE JOINT (IT)  
**Topics** New learning and teaching methods and approaches ; Preventing racism and discrimination ; Development of training courses

## Project Summary

### Objectives

Grenzenlos is organising international projects and intercultural exchanges for more than 70 years. In the last years we dedicated our trainings to the topics of civil courage, human rights, peace-work and crisis management. We want to continue with the improvement of our work; therefore, we want to have a training to work on methods with the aim to strengthen high quality voluntarism based on human rights, intercultural learning, solidarity, diversity, sustainability and peace. In our understanding as an International Volunteering Service Organisation, to be a volunteer means to integrate in the life and work of the host organisation and wider community. This process requires a certain amount of time, we are therefore encouraging our volunteers to do long-term projects.

Volunteers are as well encouraged and supported to get involved in the planning and managing of distinct activities, take part in staff meetings, and to take on responsibilities according to their skills and interests, as well as the needs of the project. An important aspect of the voluntary service experience is the volunteer's active participation in the life of the community in which he/she lives and works.

Volunteerism plays an important role in the development of skills and competences of the people engaging with it. It is a way in which we support local communities and organisations and provide the volunteers with the opportunity to have some practical learnings by engaging them with new ways of thinking. It is then, a powerful tool to learn from one another.

More importantly Volunteerism should be a tool that is beneficial for everybody. It should always keep in mind the do not harm policy. Volunteerism should always consider the volunteers, the sending and hosting organisations, the projects and its clients, and the community in general when creating new projects as relevant actors while ensuring their wellbeing.

Nevertheless, volunteerism has been criticised as it sometimes promotes colonialist ideas such as the white saviour, where the volunteers instead of learning from other cultures they are determined to "help" those most in need.

With this training with are aiming to deal with these and other current and important debates such as gender equality and the inclusion of volunteers with fewer opportunities. We want to provide the volunteers with the necessary tools that helps them understand that this is a learning process that will be beneficial for their future. One of the main ideas is to share methods and to improve them by testing them with the support of our partner organisations.

We also want to include new trends of volunteering and therefore also work on new methods that will deal with virtual volunteering as a new tool and competence that will increase the satisfaction and employability of the volunteers by providing them with new ways of distant learning and working. The experiences of the training will allow us as International Volunteering Services Organisations to analyse the preparations' seminars we are offering and to seek changes in the way we prepare our volunteers. At the same time, it will support us on the creation of a manual of methods to strengthen high quality voluntarism, which will be share with our partner and networks.

Our Aims and Objectives are:

- To discuss the different approaches and methods organisations use to prepare their volunteers to engage in a high-quality voluntary experience promoting equality, intercultural learning, sustainability, inclusion, diversity, peace and solidarity;

- To have a common understanding of what a high-quality preparation of new international volunteers includes and looks like, regarding content, values, methodologies;

- To find the best way of understanding the roles and responsibilities of volunteers, sending/supporting and hosting organisation in this process;



To engage volunteers in debates around neo-colonialism, exclusion, exploitation on the one hand and solidarity, civic engagement, inclusion, respect and empathy towards other cultures, religions, ideas, realities, etc on the other.

To give youth organisations, both sending and hosting ones, methods on how to organise volunteering experiences that are beneficial for the volunteer as well as the local community;

To create a manual of methods with the aim to strengthen high quality voluntarism based on human rights, intercultural learning, solidarity, diversity, sustainability and peace.

## Activities

Training: The Conscious Volunteer – reflecting and improving the preparation of volunteers

Venue: Vienna, Austria

Duration: 5 days November 2021 (excl. arrival and departure-day)

Partners involved: ALTHJODLEG UNGMENNASKIPTI-AUS, Iceland; Asociación para la Formación y Actividades Interculturales para la Juventud [AFAIJ], Spain; ASSOCIAZIONE DI PROMOZIONE SOCIALE JOINT [JOINT], Italy; ASSOCIATION JEUNESSE RECONSTRUCTION [JEUNESSE ET RECONSTRUCTION], France; MAAILMANVAIHTO RY [ICYE], Finland; ICJA - FREIWILLIGENAUSTAUSCH WELTWEIT EV, Germany; FODERATION DER NATIONALKOMITEES IM INTERNATIONALEN KULTURELLEN JUGENDAUSTAUSCH – ICYE EV [ICYE International Office], Germany; OBCIANSKE ZDRUZENIE KERIC [KERIC], Slovakia.

Participants: 24 youth workers or staff from partner organisations working with the support of sending and/or hosting volunteers

We are planning on having a physical training to work on methods with the aim to strengthen high quality voluntarism based on human rights, intercultural learning, solidarity, diversity, sustainability and peace.

Additionally, we are planning on having a virtual component that will support the completion of the virtual manual and will allow other organisations worldwide to know about the outcomes of the project.

We would like to include youth workers (mainly staff, but also volunteers directly working with other volunteers) who are working within their organisation in the preparation of their volunteers. The selection of participants is the task of our partner organisations but we asked them to send participants with the following profile:

Participants should

-be 18+.

- Involved in the work of your organisation (as staff member, freelancer, or as part of the organisations' board);
- Active in the preparation of volunteers (as a trainer or as staff member);
- Able to attend the whole duration of the course;
- Ready to bring personal and organisation knowledge and also ready to pass the knowledge on to the training and after it.
- be able to work in English, or come with an assistant (if necessary, the participant will receive translation assistance, when communicated before the application).

The defined partners will, as soon as the training is approved, start the promotion of the training and selection of candidates.

As they know their staff and their active members better than we do, the selection will be done by each partner and not by the Grenzenlos team.

The project is open for people with fewer opportunities which means that our call shall also reach people with disabilities. That is why we also ensure that the venue will be accessible for all participants.

In terms of gender, we encourage any volunteer regardless of their gender to participate, as each experience will be valuable for the outcome of this training. We expect that our partner organisation will search for different participants within their staff to be sent to the training.

We are looking to host organisations from different part of Europe. This will assure the inclusion of different realities and cultures.

In terms of gender, we encourage any volunteer regardless of their gender to participate, as each experience will be valuable for the outcome of this training. We expect that our partner organisation will search for different participants within their staff to be sent to the training.

## Impact

This project will contribute to the professional, personal and social development of the participants. Youth Workers from different countries and different cultures have a great opportunity to spend time together, learn about specific realities and express their ideas, thoughts and feelings about such important topic.

The experiences of the training will allow us as International Volunteering Services Organisations to analyse the preparation seminars we are offering and to improve the way we prepare our volunteers to have a more open and empathic way of engaging with the new and maybe different cultures, religions, ideas, reality, etc. that they may encounter during their volunteering time abroad.

At the same time, it will support us on the creation of a virtual manual of methods to strengthen high quality voluntarism, which will be share with our partner and networks. We expect that the participants will be able to implement the methods discussed after these training.

On a personal level:

- + It will increase the professional development of youth workers and the satisfaction in their jobs by providing them with the space for trying out new tools and methods and for having discussions that will serve us all to assure the high quality of our projects.
- + It will encourage the professional development of the staff members and youth workers by providing them with the opportunity to seek for new tools and competences or by providing them with the space for putting them into practice. Through the different methods and discussions, the participants in the training will have a clear understanding of their own skills, strengths and limits. One of the most important aspects to be discussed focuses on the personal level, and from there, it goes into the organisational dimension.
- + It will provide an intercultural learning process through the participation of different countries and backgrounds. The intercultural and inclusive environment will help them look outside the box and understand the different approaches of working and learning, particularly about the aspects of preparing volunteers for the international activities.

On an Organisational Level

- + To define what volunteerism means and how through the program we, as international volunteering organisations, provide spaces for the learning and trying new competences or the improvement of these.
- + To discuss how different organisations prepare their volunteers to have a more open and empathic way of engaging with the new and maybe different cultures, religions, ideas, reality, etc. that they may encounter during their volunteering time abroad.
- + To share the best practices and lessons learnt on how to prepare the volunteers.
- + To create an online manual that will support the organisations to provide high quality preparation for their volunteers.
- + With the manual we want to motivate and promote the professional development of youth workers and staff by providing them with new inputs and tools that will give them security in their work and will provide a higher quality on the preparation of the volunteers.
- + The project as well aims to provide the participants with the opportunity to create new projects and partnerships by providing the space during the training but as well on the free time to have some networking.

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals  
Action Type: Mobility of youth workers

Project Title

# Rainbow Forum

## Project Coordinator

**Organisation** Spiel\_Raum - Raum für Bewegung, Theater und Anti-Diskriminierung  
**Address** Währinger Straße 59 , 1090 Vienna , Wien , AT  
**Website** <https://www.spiel-raum.eu>

## Project Information

**Identifier** 2021-2-AT01-KA153-YOU-000041155  
**Start Date** Jan 1, 2022  
**End Date** Dec 31, 2023  
**EC Contribution** 48,862 EUR  
**Partners** Tolerantisko Jaunimo Asociacija (LT) , Asociación Colectivo MosaiQ (ES) , Asociatia Neos (RO) , Associação para a Igualdade AEQUALITAS (PT) , Euro Queer Edu Czech Republic, z.s. (CZ) , UNITED SOCIETIES OF BALKANS (EL) , SAPLINQ, O.Z. (SK) , Fundacja Q (PL)  
**Topics** Creativity, arts and culture ; Promoting LGBT+ equality ; New learning and teaching methods and approaches

## Project Summary

### Objectives

The FRA survey results suggest that, across generations, progressively fewer young respondents hide being LGBTI.

However, still the majority of respondents at school age have experienced discrimination in some area of life (53%). From

our experience working with the aforementioned target group, we noticed several common points: there is an overwhelming feeling of exclusion which drives to lack of confidence in the youngsters' self-expression and blockage of

their body movement and vocal expression in social context.

The Theatre of the Oppressed (TO) is a set of theatrical techniques that the Brazilian theatre practitioner Augusto Boal.

When the dictatorship started in Brazil in 1964, he began to search for theatre forms to make people aware of the situation and create changes in their everyday life reality. Boal was influenced by the work of the educator and theorist

Paulo Freire. Boal's techniques use theatre as means of promoting social and political change. In the Theatre of the

Oppressed, the audience becomes active, such that as "spect-actors" they explore, show, analyse and transform the

reality in which they are living. We will focus on Forum theatre. It is a creative and very profound technique which explores

different solutions to problems or conflicts we all deal with – in a family, in relationships, at school, in a community.. During

Forum performance actors reveal a problem and invite the audience to take action - to come up and search for solutions

on stage. In this way people learn together how to act in conflict situations and get activated to make changes in their real

life.

Aim:

To improve the quality of youth work focused on LGBT+ youth through the development of competences of youth workers. The goal is to provide them with knowledge and skills in the theatre of the oppressed (TO) methodology so that

youth workers can use TO in the empowerment of the LGBT+ youth groups and to promote common values of freedom,

tolerance and respect of human rights .

Project objectives:

To understand the theory and philosophy of the TO and its various techniques, mainly Forum theatre

To understand the situation of marginalised communities in various European countries

To understand the whole educational activity planning cycle: selecting the target group, assessing its situation and needs, determining proper aim and objectives, selecting relevant methods, applying them in the community and executing meaningful evaluation and to know at least approach to educational activity planning.

To be able to implement TO in everyday work and activities thus increasing their impact and also as a human rights education too

## Activities

The project consists of two trainings (A1, A2) with a compulsory practice in between them.

The objective of the first training (A1) is to provide participants with theoretical background and practical skills on TO and non-formal education.

Practice between trainings

Participants will run a workshop in their support organisation, creating a short Forum scene, applying the skills they have acquired. Participants will also analyse the situation and resources in their organisations to see in what ways can TO be implemented in the activities of their organisation.

The objective of the second training (A2) is to reinforce the learning process through the reflection of participants' experience from the practice phase, to clarify issues that might have arisen and to provide further theoretical and practical input for participants. They will also discuss ways to use TO as a human rights education tool.

Project will involve 24 participants from 8 countries. Since our project is looking for a multiplier effect and an impact

through multiple strategies - learning the TO tools, acquiring the facilitating skills, designing and implementing inclusive

workshops for youth, the ideal profile of the participants should include person who is involved in the partner organization

and regularly working with youngsters, therefore having experience in youth work .Participants are going to be above 18

years old, with no upper age limit.

## Impact

By introducing a new methodology, the project aims to improve the level of key competences and skills of young people, including those with fewer opportunities, as well as to promote intercultural dialogue, social inclusion and solidarity, in particular through increased learning mobility opportunities for young people,

those active in youth work or youth organisations and youth leaders.

This methodology has also great potential to reach out to marginalised young people and promote diversity and changes in values, as it employs whole-body and interactive approach. It also helps youth workers to open discussion about common fundamental.

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals  
Action Type: Mobility of youth workers

## Project Title

# It's a kind of magic

## Project Coordinator

**Organisation** Junge Europäische Föderalisten - Landesverband Steiermark  
**Address** Hans-Sachs-Gasse 5/3 , 8010 Graz , Steiermark , AT  
**Website** [www.jef-steiermark.at](http://www.jef-steiermark.at)

## Project Information

**Identifier** 2021-2-AT01-KA153-YOU-000039756  
**Project Web Site** <https://jef-steiermark.at/2022/07/09/its-a-kind-of-magic-erasmus-training/>  
**Start Date** Jan 1, 2022  
**End Date** Dec 31, 2022  
**EC Contribution** 20,638 EUR  
**Partners** Europska Mladez Istre (HR) , TI MOZHESH LI (BG) , Jaunimas Pasauliui (LT) , Jeunes Européens - Strasbourg (FR) , Youth Empowerment Center (EL) , Tiara (PL) , Europæisk Ungdom Danmark (DK)  
**Topics** Digital skills and competences ; Quality and innovation of youth work ; Physical and mental health, well-being

## Project Summary

### Objectives

Considering both the experience from our personal daily life as well as the impressions as facilitators and trainers, communication and wellbeing are the emerging topics that concern our generation. We are living in the “age of choices” and the world seems to move faster than ever. Facing endless possibilities and constant change can sometimes be overwhelming and challenges us in finding our own path when it comes to career and also personal life. Especially in transition phases from school to university or from university to work, the pressure to perform is high.

Youth workers and trainers/facilitators are facing the challenge to create programmes and activities that meet the needs of participants also in terms of wellbeing, since creating a space where participants feel safe and well is the basis to the further learning and personal development. On the other hand, you have to keep in mind your own well-being to be able to perform well in your role and to be feeling well as individuals who are learning and developing themselves. Finding the balance might be difficult especially when you are volunteering (in your free time) besides other obligations.

We want to explore the connection between wellbeing and communication, how they affect each other and the people around us. The following questions will be explored and discussed: How can I ensure my own wellbeing when communicating something? How can I ensure the wellbeing of the people I communicate with? How does wellbeing/badbeing affect communication? How are wellbeing and communication linked? (e.g. talking about something when sad, happy, annoyed, ...)

Our project targets both youth workers, trainers and facilitators as well as young people. The training course is orientated especially on the needs of youth workers, trainers and facilitators focusing on their own well-being and the support of participants’ well-being in their projects or activities in connection with communication.

### Activities

This is a training that will take place from May 21 to May 27 in Neumarkt, Styria. The group of participants is composed of 26 young people from Austria and the partner countries Bulgaria, Croatia, Denmark, France, Greece, and Poland, who are professionally active in youth work, volunteer in associations, organize youth projects and activities or work as trainers. When selecting the participants, all partner organizations will pay attention to a gender balance. Special attention will be paid to the participation of persons with few opportunities. Youth workers from all partner countries who face either geographical, economic or social barriers or cultural differences will participate. In order to enable everyone to participate, no participation fee will be charged.

### Impact

During the training course, the participants discuss the challenges of the generation of young people and thus become aware of their needs. They learn about different methods for creating a safe learning and development environment, have the opportunity to try them out and subsequently adapt them to the specific needs of their young people. They also learn how the topic of well-being, and its interaction with communication, can be explicitly and implicitly addressed with adolescents and what approaches can be used to do so. After the training, the participants will be able to draw on a variety of methods that they can pass on to the young people for their everyday lives. Furthermore, participants will learn to cultivate their own well-being in order to find a good balance

for themselves, which is important to meet the demands of their work with young people. They will also improve their reflective skills and learn about their main challenges and ways to overcome them. Participants will develop and implement their own workshops during the training. Through this learning experience and feedback from the trainer and other participants, they will be able to improve their trainers skills and ability to give and receive feedback. In addition, participants will benefit from sharing with each other, learning new methods and activities to improve the quality of their organizations' work. Furthermore, participants will learn about linking the topic of well-being with Youthpass competencies, about promoting competency development and about using Youthpass both for themselves and for the participants in their projects.

The project results will promote youth mobility in the partner countries as well as in Austria and raise European awareness among the participants, youth workers and their environment. By organizing follow-up projects, the participants will disseminate project results in their home countries and by involving the local population and local cooperation partners (schools, other organizations, etc.) they will be able to raise interest in the topics addressed, such as health and well-being, intercultural exchange, digital literacy, Europe and the Erasmus+ program. This increases the visibility of the Erasmus+ program. Knowledge about the EU is promoted and conscious accents are set against ignorance and untruths. The participants of the training course use their acquired competences in their home countries and thus improve the quality of youth work.

Link to project card: [Show project card](#)



Key Action: Learning Mobility of Individuals  
Action Type: Mobility of youth workers

## Project Title

# ENTER OUT - Open Outdoor Education for Youth Workers

## Project Coordinator

**Organisation** Plattform Generation Europa  
**Address** Allerheiligenplatz 16/21 , 1200 Vienna , Wien , AT  
**Website** [www.generationeuropa.eu](http://www.generationeuropa.eu)

## Project Information

**Identifier** 2021-1-AT01-KA153-YOU-000007472  
**Start Date** Dec 31, 2021  
**End Date** Jun 30, 2023  
**EC Contribution** 30,832 EUR  
**Partners** SOLIS TUVAK (LV) , FUNDACJA MLODZI DLA EUROPY (PL) , Mensch-Raum-Land e.V. (DE) , KURO HRADEC KRALOVE ZS (CZ) , YOUTH UNION OF PEOPLE WITH INITIATIVE ASSOCIACAO PARA O DESENVOLVIMENTO SOCIAL E COMUNITARIO (PT) , Tegyük Együtt az Ifjúságért Alapítvány (HU) , OBCIANSKE ZDRUZENIE KERIC (SK) , Culture Clash4U (NL) , TDM 2000 ODV (IT)  
**Topics** Development of training courses ; Initial and continuous training for teachers, trainers and other education staff ; New learning and teaching methods and approaches

## Project Summary

### Objectives

People need the possibility to participate fully in the living of their society if they are to prosper and achieve their developing. But certain groups are systematically excluded from opportunities that are available to others because they are discriminated against on the basis of their race, belief, gender, social class, age, disability, or another social identity.

Social exclusion has always been a large dilemma of society, which especially affects the young generation. It is an ongoing process, where individuals or groups of people, are prevented from their fundamental needs as citizens. Even if it is against the law and countries constitutions, people are segregated, or even taken over by force from the society. This puts them away from the opportunity to get high paid job and education as well as community life and activities. Indeed, this discrimination might fully deregulate the employment market, in terms of employability or even by vanishing completely any possible proper jobs. They almost don't have access to power and decision-making authorities and often feel powerless because they are unable to take control of the decisions that affect their lives. Social exclusion is often a cause of poverty, conflict, and insecurity.

This issue demands particular attention from the youth field, especially if producing deeper and a long-term damage to the living social conditions, economic participation, psychological life, and health status of young people.

The youth with fewer opportunities and special needs (physical and/or mental disability), between other ways of exclusion, could suffer from learning difficulties, geographical, social and economic mobility. These results, in an immoral cycle, where socially excluded young people who are increasingly surface a fundamental goods deprivation, public and emotional harm and especially the health issues that will present them to a persistent lockout.

When trying to gear the social exclusion of young people, it is critical to bear in mind that being excluded is not merely due to one or two solitary incidents, it is the mixture of policies, systems, structures, attitudes and behaviors that effect in some individuals being fully excluded, left behind.

Youth work, via youth projects, can better reply to the social exclusion and/or needs by improving young people lives, such as skills; motivation; rebound; behavior; attitudes and surroundings. However, if just including people with fewer opportunity in activities of organizations is not enough. It is also vital to stand by both as the youth as youth workers to handle the various results of social inclusion. That is why we come up with the idea of "ENTER OUT - Open Outdoor Education for Youth Workers" project.

This 7 days training course, will take place in Mariapfarr, Austria on 15– 21 of May, 2022 and it is designed for youth and social workers, facilitators, trainers and people, who work with youth with special needs.

The objectives of the project:

- To discover outdoor activities and experiential learning, their perspective, principles, and models;
- To explore, share experience and build skills in the field of outdoor and experiential learning;
- To develop participants' reflective and critical, innovative skills, creative and challenging outdoor learning contexts and their application on site;
- To understand and handle risk and safety in outdoor settings;
- To develop participants' competencies in designing, planning, implementing and evaluating outdoor and experiential learning activities;
- To raise awareness on the issues faced by individuals living mental and physical disorders in their daily life;
- To create new educational tools and learning methods aimed at developing behavioral and social competencies, pursuing a social inclusion of the people with special needs through outdoor activities
- To develop methods of empowering people with diverse needs;

- To promote outdoor activities accessible to people living with different disabilities.

The main goals of this training course are:

- To train youth workers on how to use outdoor education for addressing current challenges, of nowadays, in youth work such as the exclusion of young people with special needs, conflicts, and general frustration.
- To discuss and try out the potential of outdoor to tackle such topics as conflict transformation, efficient and peaceful communication, appreciation of diversity, creating a team spirit in very diverse groups.
- To present practical methods on how to involve people with special needs in outdoor activity and how to integrate them into the group.

## Activities

This 7 days training course, will take place in Mariapfarr, Austria on 15– 21 of May, 2022 and it is designed for youth and social workers, facilitators, trainers and people, who work with youth with special needs.

The venue was chosen in order to have a suitable environment for the seminar yet using outdoor setting so it's possible to test outdoor tools and share good practices in outdoor education. The Venue is located in the rural area, which is a perfect location for purposes of the outdoor TC. For participants will be organised transfer from Salzburg to Mariapfarr. PGE has experience in the implementation of meetings in youth hostel Carinth Mariapfarr and logistics arrangements. Salzburg is well located and assessable for the participants to reach on their own with coordinators support if needed.

The TC is designed for youth leaders, youth workers, staff from NGOs, trainers, facilitators and young activists, who work with people with special needs and ready to explore a topic of outdoor and implementing outdoor activities and how to include in these activity people with special needs. There will be 34 participants (including team) from 10 countries. Each country represented by 3-4 participants.

In the project, we trying to keep a gender balance of participants 50/50.

Also, we try to keep the age balance in the frames of 18-35, giving preferences to this age group to ensure youth participation. Although participants can be older than 35 if they fulfill all requirements and active in the youth and NFE work. In case of similar profiles, the priority was given to the younger participants because we want to promote peer-to-peer approach during and after the training course.

We also plan to group at least 50% of participants who face certain obstacles or difficulties, namely:

- social obstacles (young people facing discrimination because of gender, ethnicity, religion or sexual discrimination; young people from broken families etc.)
- cultural differences (young immigrants or refugees, young people belonging to a national or ethnic minority, young people with linguistic adaptation and cultural inclusion problems);
- geographical obstacles (young people from remote or rural areas, young people living on small islands or peripheral regions, urban problem zones)
- Economic obstacles (young people facing financial problems, people from big families, families with low income or single-parent families with low life standards and etc.)
- Migrant background

By including young people with fewer opportunities we promote such European values as inclusion and cultural diversity. We believe it will beneficially influence the dynamics of the training and bring expected outcomes. Specific preparation will be provided to young people with fewer opportunities by sending organizations on the preparation phase, as well as we'll be ready to support them by counseling during the activity itself.

## Impact

On participants:

Participation in this activity will have a direct impact on participants' daily work with young people, as such

mobility will

develop youth workers' competences and influence the work they do.

1. Development of their knowledge skills and attitudes in outdoor education will result in the more engaging and holistic learning process, which will allow the target groups to learn about important social issues in an interactive, enjoyable and participative manner
2. It'll impact on more qualitative approach towards young people from different minority groups, as participants will have the skills adjusting and designing outdoor methods in order to address current issues
3. It'll impact the quality of work in partner organisations, as they will be able to use competencies developed and tools created during the TC in their everyday practice.
4. Youth workers themselves, by participating in this international course, will develop their intercultural competence, as this experience will contribute to breaking stereotypes through direct contact and reconsidering personal patterns of thinking and behaviour, which is extremely valuable for youth workers' personal development.
5. Learning from good practices in partner organisations will inspire youth workers to initiate new projects for youth locally/ nationally and internationally
6. Another impact after this TC will be a better quality of educational activities organized by youth workers
7. Not only will the project impact the quality of educational activities organised by youth workers in general ,but also impact on the raised quality of activities in the field of employability and entrepreneurial skills. We believe that outdoor education will definitely contribute to the development of soft skills and competences which will contribute to better employability and prepare for life.
8. After this intense project period youth workers themselves will develop their competences, get inspired and motivated for further work, as one of the strongest motivation for work comes from learning something new, exchange of experience with colleagues as well as creating new contacts space for which we are going to provide with this TC.
9. On the professional level, all those attitudinal changes will bring sustainable results when our participants will work with the youth groups, as those skills are directly affecting the working process. After having such an intensive learning experience, the participants will transmit the power of outdoor education to the youth work they do at local level.

And as a result, we expect them to share their knowledge not only within the organisation with colleagues but also with youth leaders and young people they work with. Usage of outdoor education approach will allow our participants to work more efficiently with different youth groups, including minorities and difficult backgrounds, outdoor activities are fascinating and inspiring for young people, this might be the key to the big changes in the lives of young people in all of the partner countries.

10. Another personal and professional impact that was not mentioned above is professional awareness on personal expression, style and created impact, knowing this, trainers and youth workers will become more self-confident, that will definitely contribute to the quality of youth work.

11. As young people will be directly impacted by the more qualitative change in the work of youth workers, it'll result in higher levels of participation and empowerment of young people, them taking more initiative which will positively affect the daily work of youth workers, contributing to them being agents of change and more developed and harmonious society.

On organizations:

The organisation development depends on the staff and members involved in the activities. Any contribution of the participants can contribute a lot to the organisation. Based on our experience we can state that this training should contribute not only to increase the level of youth participation as a result of youth participation and empowerment but also indirectly contribute to the sense of initiative, high level of motivation; as a result, participants become more creative, initiative, self-confident a generally more efficient and competencies gained

on this training will raise their chance to find suitable employment for youth.

Creating Networks: The opportunity to meet, gain new knowledge through sharing experiences and ideas, to inform about organisations, to build partnerships and networks creates a huge impact on organisational development. The networks will help to address common challenges All these impacts are measurable: some with quantitative data and some with the help of self-assessments from the participants. Several evaluations will be done to monitor these indicators, and conclusions of evaluations will be used in further dissemination and exploitation of the results of this project.

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals  
Action Type: Mobility of youth workers

## Project Title

# Increasing Intercultural Competences and Awareness of Youth Workers

## Project Coordinator

**Organisation** Neue Generation Osterreich  
**Address** Jauerburggasse 2/ , 8010 Graz , Steiermark , AT

## Project Information

**Identifier** 2021-2-AT01-KA153-YOU-000038675  
**Start Date** Jan 1, 2022  
**End Date** Dec 31, 2022  
**EC Contribution** 28,481 EUR  
**Partners** Istanbul Social Running Group (TR) , YOUTH WORKERS ALLIANCE (RS) , AKADEMIYA NA USPEHA (BG) , La Génération de demain (FR) , MEDIA TERRA NEA ASTIKI MI KERDOSKOPIKI ETAIRIA (EL) , ASOCIATIA D.G.T (RO) , YOUTH COUNCIL NEXT GENERATION SKOPJE (MK) , Be The Change (IT) , Eco Guard Valencia (ES)  
**Topics** Key competences development ; Bridging intercultural, intergenerational and social divide

## Project Summary

### Objectives

The project 'Increasing Intercultural Competences and Awareness of Youth Workers' aims to address the following NEEDS that the consortiums of 10 youth organizations active in the field of international youth work identified to be essential to them:

- the NEED to provide their youth workers who were involved so far in local, or national activities the opportunity to develop their competences to work in international settings as participants, but also as youth workers delivering activities;
- the NEED to gain needed intercultural competencies, to increase their intercultural awareness enabling them to work with mix-cultural groups at the local, national level. At this moment, youth workers work mostly with groups that include young people coming from the same backgrounds. Their need is to develop their competences to be able to deliver more quality activities for groups involving young people from diverse cultural backgrounds;
- the NEED to increase their capacities to create their own projects with the support of the Erasmus + Programme. Youth workers are motivated to take work more actively with the Erasmus + Programme, especially with youth exchanges, training courses and youth participation activities. They need to increase their understanding of the Programme and project management of youth projects.

Objectives of the project 'Increasing Intercultural Competences and Awareness of Youth Workers' are the following:

- to raise knowledge of directly involved participants, youth workers, on several theoretical approaches to intercultural learning, including 'Model of Intercultural Sensitivity', 'Dimensions' of Cultures';
- to develop skills to practically apply these approaches at their work with young people with the aim to increase their intercultural competencies and awareness;
- to analyze the challenges, obstacles of delivering youth work activities in intercultural settings and to equip the participants by skills needed to address them;
- to provide the participants an opportunity to experience tools, methods, especially based on using creative writing and storytelling, and encourage them to apply these methods and tools at their work with young people and developing their intercultural competences;
- to facilitate the exchange of good practices in the field of intercultural learning, development of intercultural competencies and awareness;
- to increase participant's knowledge of the Erasmus + Programme and to support the participants to develop new project ideas tackling the issues and elements of intercultural learning;
- to mainstream lessons learned on intercultural learning through visibility and dissemination activities targeting youth workers, educators, not directly involved in the activity;
- to prepare 5 video tutorials carrying the lessons learned and targeting youth workers, educators, not directly involved in the activity;
- to prepare a description of 8 activities, identified by the directly involved participants as the most useful in their learning process, and published them on SALTO YOUTH website – TOOLBOX;
- to hold 3 live streaming sessions on Facebook, Instagram in the follow-up period to present the results of the activity, to share lessons learned, and to tackle any questions from the audience;
- to organize 1 follow-up 1-day online training open for the representatives of participating organizations and beyond to increase intercultural competencies and awareness of youth workers, educators, leaders.

## Activities

We plan to implement one activity - Professional Development Activity targeting 30 youth workers representing North Macedonia, Serbia, Bulgaria, Austria, Turkey, Greece, Romania, Italy, Spain, and France with the following profile:

- at least 18 years old, preferably in the age group 22 - 32, we would like to involve youth workers who have 1-3 years' experience in the field of youth work. It means those who gain some experience in the field, can relate to them, can analyze the challenges that they are facing in the youth field. As we mentioned above, newcomers, youth workers, who are just starting with their work in the youth field can become part of the group, as well. But we will discuss their involvement individually to ensure group cohesion;
- are able and ready to work in English, to communicate comfortably, to express their ideas, thoughts, to contribute to group work;
- are ready to work on the objectives of the project;
- strongly interested to develop their competencies in the field of intercultural youth work, to increase their intercultural awareness;
- ready to work on brainstorming of new project ideas in the framework of youth work;
- motivated to transfer lessons learned in the follow-up period and to act as multipliers after the activity to increase the quality of youth work at local, national, and international levels.

## Impact

The project 'Increasing Intercultural Competences and Awareness of Youth Workers' will increase participant's competencies needed to deliver quality youth work activities within their organizations at the local level but also on an international level. Moreover, the project will have a strong impact on increasing the quality of preparatory activities for youth workers, young people, and volunteers who will take part in international activities where participating organizations are involved as partners. The youth workers, their organizations will have a better understanding of how to prepare them for the participation at international level and moreover, they will get to know tools, methods, and activities that they can use during these preparatory meetings.

The project will improve the quality of daily work with young people during and after the project lifetime because the youth workers will increase their competencies, get equipped with new tools, methods

Besides increasing their competencies in the field of intercultural learning and awareness, the participants will increase their knowledge of Erasmus + Programme, non-formal education, and YouthPass. They will become more capable to encourage young people to take part in the activities under Erasmus + Programme and inform them of the opportunities which international mobility brings. Also, the participants will increase their knowledge of YouthPass and will be capable of using YouthPass as a tool to recognize the learning achievements of young people.

For participating organizations, the project will be an opportunity to raise their capacities in the field of international youth work. During the project, the partners will have an opportunity to meet with each other online, to increase their project management skills, to share and discuss ideas for future Erasmus + projects and work on their development. The partners will have an opportunity to learn from each other's practices, to discuss potential challenges that they might face in the international youth field. The partners are active youth organizations. Several of the partners have experienced even implementing large-scale projects with the support of the Erasmus + Programme, KA 2. The project will give smaller organizations such as 'Next Generation Austria' an opportunity to learn from their experiences, improve their work in the international youth field.

Key intangible project results will be to increase competencies of the participants and capacities of the partners in



the field of intercultural competencies and awareness of youth workers. Key tangible results will include video tutorials, descriptions of the activities, live streaming, online training available for other youth organizations, youth workers, educators and individuals interested in the topic of intercultural learning.

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals  
Action Type: Mobility of youth workers

### Project Title

(Y) WADDI RUM Youth work acts digital, diverse and inclusive and is Running for Ur Mental health Mastering the crises: Mental health, digitalisation, diverse and inclusive in youth work: the challenge for the future

### Project Coordinator

**Organisation** JUGENDZENTRUM PERG  
**Address** WAIDHOFERSTRASSE 4 , 4320 PERG , AT  
**Website** <http://juzperg.jimdo.com>

### Project Information

**Identifier** 2021-1-AT01-KA153-YOU-000030969  
**Start Date** Oct 1, 2021  
**End Date** Sep 30, 2023  
**EC Contribution** 57,500 EUR  
**Partners** GYUMRI YOUTH INITIATIVE CENTRE NGO (AM) , ADEFIS JUVENTUD INTERNACIONAL (ES) , AHI EVRAN ULUS GENCLIGI (TR) , Udruga za promicanje kvalitetnog obrazovanja mladih s invaliditetom "ZAMISLI" (HR) , Desert Bloom for Training and Sustainable Development (JO) , ANAPTYXIAKI KARDITSAS ANAPTYXIAKI ANONIMI ETAIRIA O.T.A (EL) , Youth Development Resource Center/Palestinian Child's Home Club (PS) , FARHAT HACHED INSTITUTE FOR RESEARCH AND DEMOCRACY (TN) , Youth Association for Environment and Culture (DZ) , Europiamo ETS (IT) , Nuorisokeskus Villa Elba (FI)  
**Topics** Digital youth work ; Physical and mental health, well-being ; Inclusion of marginalised young people

## Project Summary

### Objectives

This study visit was planned as there is a need for exchange and best practice on mental health in relation to digitalisation and the increased use of social media in youth work, both from the partners and the application organisation. We have to deal more with these issues also because of the pandemic. Many youth organisations have gained more than a year of experience and are now meeting to learn more about the issues but also to share best practice models. In Jordan, the topic was also addressed by the government, as they are also increasingly dealing with refugees from the Syrian war and this topic will also be included.

Social media are becoming increasingly important in our lives and already are in the lives of young people. Due to the pandemic, youth work has (had to) quickly switch to digital youth work, making more use of social media. These media are used to present oneself, to establish relationships, to make one's opinion known, but also to inform oneself, to learn something or to be creative.

For children and young people, this issue became even more important, especially in times of COVID-19. School, the workplace, leisure time and relationships were moved to the internet.

Not only youth work has found that this has an impact on mental health. Studies report that depression and anxiety have increased. It is mentioned that social media can also take the form of addiction.

Cyberbullying and bullying are also increasingly becoming a problem.

Fake news is coming more and more into focus.

How can youth work react to these facts? What methods are used and how?

How do you reach young people who have fewer opportunities?

How is this to be considered in disadvantaged areas?

International youth work has of course also dealt with this and wants to deal with it. The partners involved have had these experiences, especially in the last 1.5 years, and we have set ourselves the goal of learning from each other.

Jordan has already tried many tools and also used the environment of their landscapes as a "tool" to test different methods.

Likewise, there is experience with digitalisation and all partners will also bring this in.

Especially in Jordan, we will be able to get in touch with organisations working with refugees and minorities, who will share with us their way of working in terms of mental health and digitalisation.

Safer internet will also play a role and rules that must be followed.

With this in mind, we have jointly decided to develop and apply for this study visit.

### OBJECTIVES

+Raise awareness on the topic of mental health and digitalisation: it is an observation at youth work that we all have this kind of "problems" and it is connected to digitalisation. Youth workers should be aware of the topic and be able to deal with it and implement methods and tools to tackle this issue.

+To get all youth workers and young people on board on this topic with a special focus on young people with fewer opportunities, migration or refugee history. Discussion in the team of the organisations should be initiated (if not already there) in order to be able to find suitable solutions for the organisations

+Explore possibilities and tools that are already used in youth work. Organisations and participants should be able to use tools which we share and collect and see the importance of digitalization connected with youth and mental health. Many partners, many expertise, many ideas and methods. Partners are functioning as supporters and coaches if necessary when implementing

+Create a pool of methods that can be used in work with young people (with pros and cons). Booklet easy to use should be an outcome of this study visit.

+Present structures that already exist in individual countries: e.g. Austria: health-competent youth work (healthy box), website. Collection of existing information which can be used and adapted in the different organisations

+Topic of safer internet: a necessity if you deal with digitalisation. People should know about it and experience concrete tools how to check and what to check.

+Use and try social media interaction: young people will show us what they use, why and how and we as youth workers can interact with young people and this knowledge provided by them

+Blended youth work: what does it mean and how can it be used? different methods will be shared and experienced in order to practice it in the own organisations

+Which settings allow us youth workers to interact with young people: both online and offline or blended? different methods will be shared and experienced in order to practice it in the own organisations

+To enable youth workers to apply and transfer what they have learned in this study visit. A part which is necessary in all E+ projects to continue the fabulous program

## Activities

### PROFILE OF PARTICIPANTS

youth workers/ trainers/ youth organisations and organisations who do work with youth are either direct youth workers, specialised in mental health and/or digitalisation and/or inclusion and diversity.

We will invite 4-5 people per country. In total we are 50 people who will go to this SV

### ACTIVITIES CARRIED OUT DURING THE PROJECT:

Field visits, best practice, Icebreakers, energizers

theater of the oppressed, interactive games, role-games, discussion rounds, different elements are lead by different organisations - mostly the topics they are experts in, small and big groups, workshops, tool fair, Bazar of best practice, experience digital competences - share, shooting videos, taking pictures, city game, using the environment as a setting for different topics, intercultural party, supervision, daily evaluations, youth pass, visits of relevant organisations, ice-breakers, topic introduction, youth pass introduction, group work, interactive presentations, group research, intercultural evening, evaluation methods (blob tree, drawing, dairy, animal of the day....), best practices through fair, organisation's fair, digital tools as method, blended digital youth work - examples, drawings, gamified platforms, city game, field visits, food :), bazar, young people as teachers of participants (first they will learn the content), cultural movies -> countries, movies, Seppo.io platform: which is a platform for gamified mobile learning and training, personal reflections, individual tasks, best practices : presentation and try out, laugh yoga, meditation, creativity - videos, interviews, social media coverage about the topic, informal meetings , using the desert as as tool, tool book, information kits, material development, trip into

the desert, mental health in ancient times - Petra, partnership building activity, E+ introduction, closing ceremony, youth pass, party,

#### ARRIVAL:

Amman

AIM: Non-formal & Informal learning methods used

METHODS: coming together/ get to know each other

#### DAY 1 : Venue Amman

Getting to know

AIM of the 1st day: introduction to the topic, E+, youthpass introduction

METHODS ice breakers, name games, quiz, group work, speed dating, intercultural evening

#### DAY 2 : Amman and field visits

Exploring best practices

AIM of the 2nd day mental health and digitalisation in the organisation

METHODS best practice, field visits, digital methods

#### DAY 3 Amman Strategies of mental health and digital competence

AIM of the 3rd day prevention, safer internet

METHODS best practice, bazar, theater of the oppressed, tool fair, groups

#### DAY 4 : Amman, Wadi Rum

The needs behind

AIM of the 4th day prevention, digitalisation, alternative ways out

METHODS gamified mobile learning, practical learning, offline sessions, using the setting

#### DAY 5 : Petra

Implementing practical ways for mental health

AIM of the 5th day implementation

METHODS group work, videos, interviews, workshops, questionnaires, blended methods

#### DAY 6 : Amman Your own activity

AIM of the 6th day sustainability

METHODS games, introduction to E+, PBA, group work, reflection, closing ceremony

DEPARTURE from Ammann: Breakfast and Departure

## Impact

During the implementation of the project we expect to receive the following impacts:

Participants to

- Raising awareness of the issues: mental health and digitalisation.
- Increase the level of professional competences;
- Awareness of the possibility of green events also beyond European borders. This should always run through all projects, even if it is not an explicit theme.
- Building strong friendships between the project participants;
- finding solutions in their own professional/volunteer field of activity -working with young people

- Strengthening cultural, diplomatic and friendship relations between participants;
- Developing leadership and key skills;
- Meeting new friends and potential partners
- Addressing the issues of inclusion, diversity and the refugee issue.
- how to place a green event in this frame

2. for organisation to bring:

- Creation and development of real tools for the implementation of effective activities of NGOs especially related to mental health and digitalisation.
- Strengthening the potential of socially oriented non-profit organisations;
- Creating and developing a new international stage for project activities;
- Increasing the focus on green events, to become a matter of course
- Building intercultural understanding among youth workers and a sense of belonging to the world youth community;
- Attracting specialists in working with young people;
- development of project potential;
- the emergence of new partners;
- Acquiring new methods of NPO management;
- Training of professionals of the organisation, which will improve the quality of work in general;
- Development of non-formal education.

Similarly, it should lead to.....

- Development of new project activities;
- Development of tools for implementation in their own NGOs;
- Increase the awareness of youth work to deal (to have to deal) with current issues.
- Build intercultural understanding among youth workers/young people and a sense of belonging to the world youth community.
- Increasing the interest of youth work in civil society;
- Increase the awareness of civil society representatives about the activities of the Erasmus+ Programme.
- Increase the number of active NPOs;
- Formation of an active position among active youth
- Reduce unemployment by providing support on relevant issues -> mental health, dealing with social media.
- Development of non-formal youth education.

The implementation of this project will allow us to contribute to the solution of the main issues through COVID-19 that the

youth are confronted with:

- +professional engagement with the issues at hand, (digitalization and mental health)
- +the quality of non-formal education
- +improving the quality of youth work.
- +expanded cooperation between youth organisations and to +ensure equity, prosperity and social inclusion in Europe and beyond.
- +Climate change
- +Refugee issue
- +justice, integration and diversity

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals  
Action Type: Mobility of youth workers

## Project Title

# Youth NEEDs Matter! - Breaking Down The Boundaries!

## Project Coordinator

**Organisation** Verein zur unterstützung und Begleitung für Lehrlinge mit Migrationshintergrund  
**Address** Triester Straße 166/2/12 , 1230 Wien , AT  
**Website** [www.ciralik.at](http://www.ciralik.at)

## Project Information

**Identifier** 2021-1-AT01-KA153-YOU-000035452  
**Start Date** Dec 31, 2021  
**End Date** Dec 30, 2022  
**EC Contribution** 28,981 EUR  
**Partners** Association de Développement Rural International du Bas-Ségala (FR) ,  
ESKISEHIR SOSYAL INOVASYON VE GELISIM DERNEGI (TR) ,  
EqualX (GE)  
**Topics** Inclusion of marginalised young people ; Quality and innovation of youth work

## Project Summary

### Objectives

The youth organizations might be one of the first instances, where the young people search for help and support, either among their peers or with the youth workers directly.

To work on and address these issues youth workers need to be educated and skilled in how to sensitively and correctly support young people, empower them to be responsible for their actions, nurture their self-respect, take care holistically of their health and well-being, or, in the most serious cases, search further help.

In this project, we gather together experienced youth workers, who work directly with disadvantaged youth having different kinds of fewer opportunities and disabilities and who are strongly interested in developing their competencies.

We will share best practices, specific methods and tools about the topics such as counseling, coaching, non-formal learning in working and experiential education and will create the TOOLKIT which will reflect our project's working outcomes and will be used for other youth workers too worldwide.

The aim of the training course is to develop competencies, knowledge and experience of the youth workers in order to support disadvantaged young people in making positive changes and decisions, overcoming the obstacles through choosing the safe ways and engage them with active civil life.

Accordingly, the objectives of our project are :

- To show up the main features of youth marginalization and social exclusion problems in our countries and the EU
- To explore the obstacles and demands of youth workers engaged with daily youth work practice with socially excluded youth groups
- To connect youth workers and provide opportunities to share their knowledge and working practice
- To equip youth workers with specific methods of supporting young people, such as counseling, coaching and mentoring
- To work on youth workers' personal and development and self-assessment tools
- To improve the quality of youth work of our participants and our organizations
- To design the TOOLKIT for youth workers in order to share worldwide gathered knowledge, methods and tools
- To deepen the partnership between the partner organizations through creating long-term approaches and strategies

### Activities

During our project the following set of activities will be delivered: Group building activities, workshops and presentations, prior-arrival tasks, challenging activities, small researches, simulations, meetings, the international and national group works, TOOLKIT writing and development, evaluations and reflections, local and international projects' development, NGO Concourse, discussions and works on different documents and policies, self-development and self-assessment activities, visiting a local youth center, masterclass, personal mind mapping, drafting the projects.

The project involves 28 youth workers and 2 Trainers.

All of the participants:



- are able to work in English.
- are strongly interested in our project topic
- are eager to participate in the project, improve their competencies, listen and learn more through international experience and intercultural learning in the youth field.
- are aware that they are expected to act as multipliers once return back home and to be able to use new skills in youth work at a local or international level. They have also a keen interest in creating stronger links with other youth workers.

## Impact

Through our project 28 youth workers will improve their competencies, 4 organizations will strengthen the international partnerships and working capacity, 2 trainers will widen their facilitating competencies and networking with youth workers.

The project will have long-term positively changing effects on every collaborator as on participation also organizational level and the target groups.

We will create a TOOLKIT containing supportive methodology, activities and materials for youth workers which can be easily spread and used by youth workers and youth organizations worldwide.

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals  
Action Type: Mobility of youth workers

## Project Title

# Your rights, your future

## Project Coordinator

**Organisation** Grenzlandcamp Kinder-&Familienfreizeitzentrum Klaffer gem. GmbH  
**Address** Vorderanger 16 , 4163 Klaffer/Hochficht , Oberösterreich , AT  
**Website** <http://www.muehlfunviertel.at/>

## Project Information

**Identifier** 2021-1-AT01-KA153-YOU-000021322  
**Start Date** Dec 31, 2021  
**End Date** Dec 30, 2022  
**EC Contribution** 26,838 EUR  
**Partners** Malik E.T.S. (IT) , Asociatia Pas Alternativ (RO) , Associação Nó Górdio (PT) , Non-governmental organization Bloom.Youth Skopje (MK) , Genlikte Spor Sanat ve Egitim Dernegi (TR) , Asociacion Cultural Somos Europa (ES) , Youth Opportunities Club (AM)  
**Topics** Human rights and rule of law ; Democracy and inclusive democratic participation ; European identity and values

## Project Summary

### Objectives

Human rights are the basic rights and freedoms that belong to every person in the world, from birth until death. They apply regardless of where you are from, what you believe or how you choose to live your life. These basic rights are based on shared values like dignity, fairness, equality, respect and independence. These values are defined and protected by law. Human rights are inalienable, indivisible and interdependent, that is, they cannot be taken away, all rights are equally important, and they are complementary. Among the most fundamental elements of international human rights law are the principles of equality and non-discrimination.

The purpose of this project is to teach youth workers about human rights, specifically the United Nations Universal Declaration of Human Rights, and inspire them to become advocates for tolerance and peace. The aim of human rights education is to create a world with a values of human rights. All the organizations involved in this training course, acknowledged their need to learn about human rights, inclusion and how to combat discrimination. This can be better achieved if we understand what human rights are, how to protect them, what is discrimination and how to develop more inclusive activities in our organizations.

Thus, through this training we aim to reach the following objectives;

1. Develop the knowledge about human rights and the instruments available to protect human rights for 23 youth workers from Romania, Italy, Spain, North Macedonia, Turkey, Portugal, Armenia and Austria until the end of the project.
2. Develop the skills to detect discrimination and to support young people who face discrimination, for 23 workers from Romania, Italy, Spain, North Macedonia, Turkey, Portugal, Armenia and Austria, until the end of the project
3. Design and implementation of the 8 non-formal learning methods that can be used for inclusion of youth who face discrimination by the 23 youth workers (participants at the project) until the end of the project

The aim of this project is to develop the competencies of the 23 youth workers in the field of human rights in order to include youth with fewer opportunities

### Activities

Within the project there will be an 8-day-long training course in the Mühl-fun-viertel in Klaffer, Austria between the 29th of April and the 6th of May 2022 with the participation of 23 youth workers and 2 trainers/facilitators from Romania, Italy, Spain, North Macedonia, Turkey, Portugal, Armenia and Austria.

YOUR RIGHTS, YOUR FUTURE will be based on non-formal methods of education. For the implementation of this project the trainers will use different methodologies such as: case studies, simulations, discussions, world cafe, living libraries and theatre. The trainers will also apply daily Youthpass methodologies for reflection of the learning outcomes.

The project includes several types of activities:

1. Management activities
2. Preparatory activities
3. Mobility - Learning activities
4. Dissemination activities

Issues related to transportation, accommodation, meals, procurement of consumables, monitoring and evaluation, communication between partners and other stakeholders etc. will be included and carried out throughout the project in the management activities and preparatory activities.

Learning activities are structured in theoretical and practical sessions, through which we aim to transfer necessary knowledge about human rights and discrimination and to facilitate non-formal learning methods as well as to develop skills to plan, facilitate and evaluate non-formal activities within the organization with the aim to include young people who face discrimination.

The first part of the course activities includes theoretical sessions on: Erasmus + projects, learning areas, learning contexts, planning of learning activities, learning objectives, methods of non-formal learning, Declaration of human rights, types of discrimination, strategies to prevent discrimination, criteria for choice of methods, group management in non-formal learning, Experiential learning model - Kolb cycle, learning styles, facilitating non-formal learning methods, types of questions. Through all these sessions, the participants will assimilate the specific knowledge required to carry out inclusion activities using non-formal methods. The second part is focused on developing the skills of the participants, using the knowledge gained in the first part. Thus, they will have the opportunity to apply, clarify, use, test, and demonstrate that they have the skills and attitudes necessary to implement the skills they have acquired in their real environment within their organizations.

Participant has to be above 18 years old and meet the following criteria:

- participant has strong skills upon empathy and tolerance
- participant is interested in how to improve young people' social competencies
- participant works at the sending organization as a youth worker and/or he/she is involved in the work of sending organization
- participant understands that the working language is English and he/she undertook to contribute to the training course by sharing his/her opinion about the certain topic

participant is willing to make dissemination activity and share the results of the training course after it ends. In the training course there will also be participants with fewer opportunities (with cultural, geographical, or social difficulties). The trainers are also prepared that there will be people with fewer opportunities in the training course and they will be helping these people to fully take part in all activities.

## Impact

Each project partner will make at least one follow-up event, a local activity which will be organized to the young people from the area where the organization works. Project partners will organize the local activity within 2 months after the training course ended. Participants of the training course will be present on the local activity and they will present non-formal education methods regarding human rights and give a deeper understanding upon the issue. Youth workers will generate a discussion and possible solutions with the participant of the local activity about discrimination. Youth workers will also share their experiences which they gained on the training course in Klaffer, Austria. Project partners will share their experiences and reflections of young people with each other after the organized local activities and draw the conclusions of the project.

Participants of the training course will post on social media (facebook, Instagram, Snapchat) about the activity during and after the Training Course referring to Erasmus+ and thus spread the word of the programme. Project partners will share the pictures which were taken on the activity on their organizational site.

Project partners will also write an article about the results of the activity which will be shared on their organizational website considering their experiences upon the Training Course and the follow-up local activity. Project partners will share this article on the organizational website within the period of the project.

This training course will have a positive impact on the youth workers in that it will equip them with competences

on human rights, discrimination and inclusion. It will also provide them with added skills which will give young people the possibility to engage, reflect, discuss, identify and act upon the needs that young people themselves have identified. Youth work will have a major role in creating awareness on human rights and in providing an environment free from stereotypes and prejudices for the young people.

Through the workshops and the new knowledge and skills received, the participants will be acting as multipliers. The participants will implement following the project, activities/projects on human rights education, making their organizations more inclusive

Youth workers of the project partner will be much more confident about the issue of discrimination. They will be much more valuable youth workers in the future.

Young people will have a deeper understanding upon human rights. They will share their experiences to their peers personally and by photos taken on the local activity on the social media sites. Young people will understand why they should protect human rights and fight against discrimination. Young people will be much more careful about each other. They will be much more empathetic and tolerant.

Link to project card: [Show project card](#)

Key Action: Learning Mobility of Individuals  
Action Type: Mobility of youth workers

Project Title

# Bricks for Change

## Project Coordinator

**Organisation** Plattform Generation Europa  
**Address** Allerheiligenplatz 16/21 , 1200 Vienna , Wien , AT  
**Website** [www.generationeuropa.eu](http://www.generationeuropa.eu)

## Project Information

**Identifier** 2021-2-AT01-KA153-YOU-000039093  
**Start Date** Mar 1, 2022  
**End Date** Feb 28, 2023  
**EC Contribution** 22,316 EUR  
**Partners** Fundacja Innowacyjnej Edukacji (PL) , SIHTASUTUS JUNIOR ACHIEVEMENTI EESTI (EE) , RADOSA APVIENIBA JAUNIESIEM TREPES (LV) , BLUE CHERRY ACADEMY FOR YOUTH AND ADULTS (CY) , Helix - Social Innovation Hub (EL) , Eduplus (LT) , ASSOCIACIO GLOBERS (ES) , ORIEL APS (IT)  
**Topics** New learning and teaching methods and approaches ; Creativity, arts and culture ; Entrepreneurial learning - entrepreneurship education

## Project Summary

### Objectives

The main idea of Training course to equip youth educators with innovative tools, to show practically how to use it and apply it in youth work and solve youth problems. Thus we want to help young people to be aware(through educators as stakeholders) of own creative potential and be able to use it in achieving own goals. For this purpose we have designed a programme which will lead them to final destination - improved and developed Creative confidence - step by step.

Bricks for Change (BfC) initiative aim is to provide an affective and practical creativity development tool for youth workers and with its help to strengthen the creative confidence of young people they work with.

This will be covered by

1. Empowering youth educators to think in innovative ways of approaching youth related topics and develop creative solutions to increase the impact and efficiency of youth activities.
2. Equipping participants with meaningful methods of LEGO SERIOUS PLAY and LEGO Education to work with young people.
3. Developing innovative methodologies that increase effective participation of all project-actors.

### Activities

Title: Bricks for Change

Type: Training course

Dates: 11-17 June, 2022

Venue: Mariapfarr, Austria

Countries: Austria (Host), Estonia, Spain, Cyprus, Poland, Lithuania, Latvia, Italy, Greece

Number of participants: 19

Number of trainers: 2

Total amount of participants and team: 22

Working language: English

The profile of participants: Educators, youth workers, career counsellors, NGO representatives, school administration.

The activities of the programme are planned in order to meet the overall objectives of the projects: Part 1 - Participants will experience and learn the LSP methodology and the standard applications:Real Time Strategy for the Youth Education and Creativity learning.

This training will offer insight into: a) The 4 step Core Process and the 4 Application Techniques

b) The relationship between the methodology and its standard applications c) The experience of LSP as an end user(youth the participants work with) d) The development history of the LSP methodology Part 2 - To experience and learn the theories underpinning the methodology and the standard applications a) An understanding of key learning concepts and opportunities to use the method to demonstrate them b) Insights into how the theories impact the flow of the workshop Part 3 - To embed the knowledge needed to effectively develop and facilitate workshops using the LEGO SERIOUS PLAY methodology a) Heed the different styles of facilitating that should be adopted at different stages of the process b) Become aware of critical parts of the methodology and applications (including what is flexible and what is not)

c) Appreciate the practicalities of the program workshop, especially the time required and the organisation of the

materials during the workshop d) Recognise the artificial nature of the training 'group' compared to a group attending a real engagement e) Become a proficient LEGO builder Part 4 - To practice designing customised applications of the LSP methodology a) Design a segment of a workshop with fellow trainees and receive peer feedback

## Impact

Impact in terms of quantity:

1. "22" participants instructed on how to work with LEGO SERIOUS PLAY methodology and apply it to local community,
2. Every partner's organisation involve a different number of young people: from 20 up to 65. If we take an average amount of 30 young people 9 organisations we will reach a number of 270 young people.
3. "300 persons via informal communication between each other - If each young person will share the idea of LSP with at least one of his / her friend we could reach at least "300" new young persons,
4. "9" organisations from different geographical regions of Europe involved in cooperation and followup.
5. 9 new methods on Creativity learning built by participants by using Lego Serious Play

Impact in terms of quality:

On participants:

BfC will impact the main direct target group of youth workers and educators in participating countries (Austria, Greece, Italy, Latvia, Lithuania, Cyprus, Estonia, Poland, Spain) by letting participants:

- a) Develop ideas and opportunities to create value, including better solutions to existing and new challenges
- b) Explore and experiment with innovative approaches - Lego Serious Play
- c) Combine knowledge and resources to achieve valuable effects

BfC will empower participants to boost their creative confidence and self-esteem by completing practical activities and

reflection sessions. Also BfC project will develop professional and pedagogical skills of youth educators and use it while

working with their target groups on development of Creative confidence.

On organisations:

- a) Enlarged field of interests toward Creativity learning linked to Entrepreneurship competence as a universal set
- b) Continuing communication and cooperation between partners. Involvement of partners' partners thus enlarging the

network of contacts across Europe and spreading the idea of the project with an opportunity of creation of new projects.

- c) Provide an innovative teaching tool that will allow the evolution of traditional teaching methods within organisations in

which the teacher has a "leading role".

- Promote the adoption of new teaching methodologies that focus on the development of creativity, problem-solving skills,

decision making and critical attitude.

On target groups (young people)

- a) Increased awareness and interest in Creativity learning
- b) Ability to discover unseen potential and start own initiatives
- c) Increased understanding of possibilities among young people to take part in Erasmus+ Youth
- d) professional developments related to Entrepreneurship

Link to project card: [Show project card](#)



Key Action: Learning Mobility of Individuals  
Action Type: Mobility of youth workers

## Project Title

# Reinforcing Games as an Educational Tool for Social Change

## Project Coordinator

**Organisation** European Multidisciplinary Organization for Training and international Consulting

**Address** Balderichgasse 3/25 , 1170 Wien , Wien , AT

**Website** <https://www.emotic.org/>

## Project Information

**Identifier** 2021-1-AT01-KA153-YOU-000012317

**Project Web Site** <https://www.emotic.org/boardgames>

**Start Date** Aug 11, 2021

**End Date** Aug 10, 2023

**EC Contribution** 19,408 EUR

**Partners** GYUMRI YOUTH INITIATIVE CENTRE NGO (AM) , Medunarodna udruga mladih EUTOPIA (HR) , MITTETULUNDUSUHING SHOKKIN GROUP (EE) , YOUTH ASSOCIATION DRONI (GE) , CENTER FOR EUROINITIATIVES (UA)

**Topics** New learning and teaching methods and approaches ; Quality and innovation of youth work

## Project Summary

### Objectives

“Reinforcing Games as an Educational Tool for Social Change” is a professional development activity which is designed for youth workers, youth leaders, educators and strives to equip them with knowledge and skills of need assessment and learning design tools as well as to empower participants to take out of the box approach in youth work through using board games in particular.

Thereby, the project aims to introduce board games as a tool for involving young people into youth organizations and initiate a dialogue with them through training youth workers to develop table-top games with educational value.

The project sets next objectives:

- To discuss youth trends and behaviors in the countries that partner in the project and identify possible support measures that can be done by individual youth workers;
- To introduce board games as a tool for involvement of young people and explore successful examples of the use of board games in youth work;
- To equip participants with methods for idea development and learning design that is transferable to any topics;
- To equip participants with tools for developing board games with educational value based on relevant social issues or necessary competences for youth;
- To develop a set of educational board games to be used in the youth work field;
- To test created board games with the local youth of Turku through a public event;
- To create an online printable board game resource for youth workers & youth leaders to be used internationally;

Methodology of the PDA will be based on the best principles of Non-formal Education, balanced between theoretical inputs and practical exercises. Active involvement of participants in the program will be ensured by the team of trainers and a set-up of the program itself.

### Activities

Our project consists of one single main activity, which is a PDA taking place in Tbilisi, Georgia, during the period of 20-27th of February 2022, and brings together 24 youth workers, youth leaders, teachers, educators from 6 countries in order to address the topic of social inclusion and youth marginalization by introducing board games as an alternative tool for engaging young people, socializing and creating bonds among them and between them and youth workers/youth organizations.

Based on the profile and realities of the partner organizations, we expect a diverse participants' profiles on the PDA, which we unite under one term - “Youth Workers.” Yet, it should be noted that due to different realities, some of the participating countries don't even have institutionalized youth work, or it is in a beginning phase, while others have a long tradition and strong institutional background. In general, the main criteria is that participants of the project directly work with young people through educational or leisure time activities. Thus, participants in this project are youth workers, youth leaders, teachers, trainers, educators. Participants should either be connected to, or be active in their local youth organizations/youth centers, be supported by their organization, ideally be working with groups of youngsters with fewer opportunities. No previous experience in game development is required, but an interest in the theme is important. Moreover, apart from interest, they should be able and willing to use the knowledge, skills and tools of educational game development in their future

youth work with those young people they work with.

All in all the participants should:

- be aged 21+. (To ensure at least some experience in youth work.) Upper age limit of the participants is not defined by the organizers.)
- Be working and/or volunteering on a local or regional level with young people, preferably those with fewer opportunities.
- Have proven personal and organizational interest in this PDA.
- Be willing to continue cooperation after the training.
- Be fully available during the whole event and willing to participate actively.
- Able to work and discuss in the English language.
- In a position within the organization to apply the outcomes of the training.

Each partner organization is expected to select 4 participants according to the profile described above, having a gender balance in mind during the selection process. In addition, three of the involved organizations (the applicant EMOTiC, the host Droni, and Shokkin Group) have representatives in the project team, and therefore they will have additional participants as facilitators.

## Impact

Results of this project are directly connected with its learning outcomes and impact. One of the expected tangible results will be educational games created by the project participants. We expect to have between 4 to 8 educational games on different socially relevant topics to be developed during the PDA.

Besides the tangible outcomes, desired results of the PDA mainly lay in its intangible outcomes, which is directly connected to learning and competences acquired by the participants, described in details in the relevant section of the application form.

As for its impact, the project will have concrete impact on several levels - the participants, the organizations involved in the project, the target groups of young people with whom the participants work.

- Participants will become more competent, they will acquire valuable experience working in an intercultural environment, will gain more knowledge about Erasmus+, non-formal learning, their youth leader's/youth worker's toolboxes will be enriched. Participants will also have the chance to leave daily work life & come together to concentrate on the learning & developing professionally.

Thus, we envision that after the PDA participants will:

- get to know theory of facilitation and creative methods;
  - get to know practical approaches to game-creation;
  - have practical experience of creating educational games and being part of creative sessions;
  - share and get to know situations and experiences of other youth workers from all over Europe and its neighboring regions;
  - participants will improve their communication skills and style;
  - be introduced to the frame of experiential learning;
  - become more relaxed to work with inter cultural groups and facilitate such events;
  - get to know more about the Erasmus+ programme and project management;
  - create bonds with each other for further cooperation;
  - have a set of exercises to facilitate and foster game-creation through non-formal learning.
  - gain practical experience from facilitating and assessing own results;
  - have a grasp of tools for reflection and self-assessment that will be used in their later work with young people.
  - Organizations taking part in this PDA will benefit from the results as the members will return with more experience and grasp of new tools and attitudes towards working with youngsters from various backgrounds.
- Thus, we foresee that organizations will experience an increase in their daily work and results thanks to more competent members/workers, who are more motivated, creative & willing to proceed with increasing the capacity

of NGO's. Partner organizations are expected to set up agreements with their participants to hold local workshops and introduce frameworks and tools used at this PDA. We will also support and foster local PDA that would spread the tools by members in their communities and impact their organizations at a bigger level. Organizations will also strengthen their cooperation amongst each other, which will result in more projects and partnerships established after this particular PDA. Strengthening cooperation will be done through next activities: ngo fair; creating follow-up projects; sharing organization info and materials online on Facebook; finding common working ground during the getting to know each other. Organizations will have access to the created tool-box and be able to use/share/improve it.

- Target groups of youth will benefit from the tools and experiences shared by participants of the PDA. They will get more engaging tools in their local organizations. They will be more motivated to also join international projects, as the youth workers/youth leaders will share their experiences & recommend the programme; Participants will be more connected to international projects so they will act as group leaders at youth exchanges and impact on the young people by involving them into youth exchanges & developing the youth exchanges together with them.

Link to project card: [Show project card](#)