

Table of contents

1. Ferienpass 2022	3
2. Veganer Kochkurs in Wien	5
3. Music4Everyone	7
4. Herzschlag - Leben retten kann jeder	10
5. Education? Mitmachen Mitreden Mitgestalten	12
6. feldgezwitscher	14
7. Graz Beats Live	16
8. Stadt der Migrant_innen	19

Action: Solidarity Projects
Action Type: Solidarity projects

Project Title

Ferienpass 2022

Project Applicant

Organisation Organisation für Aktivismus und Soziales mit Charme und Heimatliebe

Address Pfarrplatz 16 , 4020 Linz , Oberösterreich , AT

Project Information

Identifier 2022-1-AT01-ESC30-SOL-000062088

Start Date Jun 1, 2022

End Date Dec 31, 2022

EC Contribution 5,187 EUR

Topics Key competences development ; Creativity, arts and culture ; Bridging intercultural, intergenerational and social divide

Project Summary

Objectives

We see in our city of Linz that it is becoming increasingly difficult for young people (and those who are young at heart) to exchange ideas and organise each other among themselves without financial support or pre-existing resources. With our project, we want to create these resources and break down the barriers that not only limit us, but also many others in the city of Linz. Our project has several goals, each of which we are reaching through the variety in our individual events. For example, our Repair Cafe has the goal of promoting sustainability and working against the force of consumption. Another goal is also to pay attention to mental and physical health, which we want to promote with walks or hikes and our Knowledge Cafe. With the Holiday Booklet we intend to significantly increase the reach of our association and create new collaborations at the local level. These, in turn, have the purpose of taking people out of their "loneliness" caused by the Covid pandemic and enabling them to interact again in the social life of our federal state capital.

Activities

The essence of our Holiday Booklet are the individual events and various activities: Flea market and Repair Café (self-repair workshop), Knowledge Café (discussion room on urban greening and guerrilla gardening), Moss Graffiti including a walk to collect the materials, Erklärbar (engl. "explainer bear") (bringing interesting topics closer in simple language), theme evening Gender Equitable Language, sticker exchange and screen printing workshop, pub quiz, vegan cooking, chess course and tournament, geocaching through the history of Linz, movie night, summer camp at the Europacamp (a camping area located at the biggest lake in Upper Austria) with cinema at the lakeside resort and a hike up the Schoberstein, karaoke evening with jam session, closing event with a concert.

Impact

Through the diversity of the event contents, locations, and collaborations, we can create contacts and explore common interests. We can create a new space for networking that will remain for future actions. Our project should inspire the participants to get involved in their home community, and possibly also with us in the cultural association.

Link to project card: [Show project card](#)

Action: Solidarity Projects
Action Type: Solidarity projects

Project Title

Veganer Kochkurs in Wien

Project Applicant

Organisation Nicole Mayr
Address Schaffnerweg 9 , 4225 Luftenberg , AT

Project Information

Identifier 2021-2-AT01-ESC30-SOL-000040604
Start Date Feb 1, 2022
End Date Nov 30, 2022
EC Contribution 5,964 EUR
Topics Environment and climate change ; Green skills ; Community development

Project Summary

Objectives

We want to organize and host six cooking classes, all about vegan diet, each with a different topic: breakfast, dinner, dessert, foodsaving, etc. With that we want to debunk prejudices about the vegan diet and make it easier for people to try recipes which contain food, that one can buy at the local supermarket. The food should be regional and organic. After the cooking we want to eat together and talk about the certain topic of the class. There should be a nice atmosphere and everyone should be able to say what they think without being judged. In each cooking class there should be about 15 people depending on the available venue. Through a vegan diet, people can reduce their CO2 foot print drastically but in an easy way. There are so many easy, different and tasty recipes one can try. It should show the participants that a vegan and sustainable diet doesn't have to be expensive or complicated. Cooking should be fun and it should be possible to do networking with people and discuss about different topics in a nice atmosphere without judging or being mean.

Activities

We are going to do six vegan cooking classes in rented kitchens in Vienna with different topics for each course: breakfast, lunch, spreads, desserts, foodsharing (foodsavers) etc. Of course after every cooking task, we are going to eat our makings and talk about different topics e.g. vegan diet prejudices, food rescuing, other ways to be more sustainable... It is important for us to have a nice atmosphere with no judging. In the end of each class the participants get a goodiebag with different food that is used in vegan recipes (flax seeds, tofu, yeast flakes, vegan cream, oat milk, ...).

Impact

We would like to reach interested people and show how easy and tasty a vegan diet can be, so that it influences people daily lives. We want people to realize how big of a difference daily life tasks can make against climate change and that it also benefits health and animal liberty.

Link to project card: [Show project card](#)

Action: Solidarity Projects
Action Type: Solidarity projects

Project Title

Music4Everyone

Project Applicant

Organisation Jim Bullner
Address Mattelsberg 79 , 8452 Großklein , Steiermark , AT

Project Information

Identifier 2021-1-AT01-ESC30-SOL-000036172
Start Date Aug 15, 2021
End Date Aug 14, 2022
EC Contribution 6,000 EUR
Topics Creativity, arts and culture ; Disabilities ; Inclusion of marginalised young people

Project Summary

Objectives

"Music4Everyone": We want to bring music to everyone's heart. We want the project participants (people in retirement and nursing homes, as well as refugee children and children with a migration background) to have a positive approach to music. The project participants should develop their social skills further through the events and increase the joy of life through the music. As a target group, we see people with little access (people with disabilities, people in need of care, ...) to the music that we want to promote. In particular, geographical disadvantage is also taken into account. It is about the inclusion character of the music, since we make music together as a group. The social status does not play a role. With this project we want to introduce a weekly music day in the institutions. The music day includes the coming together of all project members of the respective homes to make music together with the videos and audio files provided by us. The videos are rhythm instructions for several songs, so no knowledge of music is required from the nursing staff.

Activities

4-6 main events are planned, which will be held directly in care facilities and old people's homes, in cooperation with the Lingusti project. Language and development work for multilingual children in building linguistic and personal skills in relationships. As part of every Music4Jeder project, we will wire music units in cooperation with the Lingusti language workshop. At the first events, the participants gain their first experience with the instruments. We do several personal exercises with the same (associated under personal rhythm exercises). Different music as a group as a group. Before the events are held, we find music videos with rhythm instructions included. The video tutorials make it possible to better do exercise sessions without our presence. We hope that all learning will introduce one music day per week. There is a final event for each reason. The final event is a concert in which the band makes music together with the project participants. In order to bridge the time between the events, the participants get audio files of the songs as well as video tutorials from us to prepare for the concert. Within the group there will be 4 samples per month. In addition, the band members produce music videos (rhythm instructions). Project participants have the opportunity to take part in internal rehearsals via video conference platforms, which will take place between the events. These would be regular side events, which are automatically held in accordance with the corona. These are advertised on the social media platform Facebook or communicated to the nursing and geriatric care staff. If the participants in the facilities do not have the equipment to take part in the conferences, we will provide the facilities with a laptop for the video conferences and video / audio files.

In summary:

August: Selection of instruments. Creation of the social media page Facebook. Create a band name and logo. First organization (cooperation with old people's home (e.g. Keltenpark in Großklein), home for the disabled (e.g. Sonnenwald in Eibiswald)) and Lingusti (language workshop). We contact AKM about copyright.

September: Preparation for the Lingusti program: band rehearsals, music selection, recording of the songs, creation of videos and audio files

October: Preparation for the 2 events in cooperation with the language workshop Lingusti

November: Preparation for e.g. Sonnenwald (home for the disabled): 4 internal band rehearsals, selection of songs, recording of songs, creation and editing of videos and audio files

December: 4 internal band rehearsals; Record songs, create and edit videos and audio files

January: 4 internal band rehearsals; Record songs, create and edit videos and audio files

Event e.g. in Sonnenwald (home for the handicapped in Eibiswald)

Gather first experience with the instruments; Rhythm exercises, making music in a group

February: Participants can practice independently using the video tutorials or CDs. Open tape rehearsals via a video platform (e.g. Zoom). During this period, a laptop will be made available to the residents of the home if required so that they can participate in the rehearsals. 4 internal band rehearsals are planned. Of these, 2-4 samples are planned to be interactive (advertised on Facebook or side events communicated to the homes (online)).

March: Event e.g. in cooperation with Sonnenwald (home for the disabled in Eibiswald)

Making music together; The process should be similar to a concert

4 internal tape samples

April: Band rehearsals for the event in e.g. Keltenpark (old people's home in Großklein), selection of songs, recording and editing of videos and audio files

4 internal tape samples

May: Event e.g. in cooperation with Keltenpark (old people's home in Großklein)

Gather first experience with the instruments; Rhythm exercises, making music in a group

Multiple internal tape rehearsals; Record songs, create and edit videos and audio files

If the first 4 events indicate that they are too time-consuming, we will unfortunately have to forego the 5th and 6th event.

June: Participants can practice independently using the video tutorials or CDs. Open tape rehearsals via a video platform (e.g. Zoom). During this period, a laptop will be made available to the residents of the home if required so that they can participate in the rehearsals. 4 internal band rehearsals are planned. Of these, 2-4 samples are planned to be interactive (advertised on Facebook or side events communicated to the homes (online)).

July: Event e.g. in cooperation with Keltenpark (old people's home in Großklein)

Making music together; The process should be similar to a concert

Impact

The aim of the project is to connect people from different groups in rural areas to make music together. In addition, we increase our experience with the organization and implementation of projects (dealing with different groups of people, concepts for teaching game methodologies, ...). We also document our progress using the timetable and mobility tool.

The growth of our Facebook group, as well as positive feedback from the institutions (nursing and retirement homes, Lingusti) on the project will reflect the success of the project.

We hope that the participants will take up the music in their daily routine, discover this passion for themselves and be able to live it out. The music day includes the coming together of all project members of the respective homes to make music together with the videos and audio files provided by us. The videos are rhythm instructions for several songs, so no knowledge of music is required from the nursing staff.

Link to project card: [Show project card](#)

Action: Solidarity Projects
Action Type: Solidarity projects

Project Title

Herzschlag - Leben retten kann jeder

Project Applicant

Organisation SINUS-studentische interdisziplinäre notfallmedizinische Union LINZs
Address Goethestraße 53 , 4020 Linz , Oberösterreich , AT
Website www.sinus-linz.at

Project Information

Identifier 2021-1-AT01-ESC30-SOL-000036340
Start Date Dec 31, 2021
End Date Dec 30, 2022
EC Contribution 6,000 EUR
Topics Physical and mental health, well-being ; Research and innovation ;
Community development

Project Summary

Objectives

The percentage of First Responder CPR is low. We see it as an important task to strengthen the health literacy of the population and to solve a manifest social problem. Furthermore, we want to find multipliers in order to increase public awareness of our concern. Myths and misconceptions must be eliminated, because doing nothing is the only mistake in case of cardiovascular arrest!

Activities

Every year on 16 October, Resuscitation Day takes place, which we use to raise awareness about resuscitation. We try to do this with multiple free public accessible resuscitation stations, where everybody can train how to perform CPR. Furthermore we will stage a professional CPR Team in a major frequented public area and we will launch a CPR flash mob to the beat of local artists.

In the long term, we would like to offer free certified courses in Basic Life Support accessible for all people.

Impact

In the future, the death statistics for cardiovascular arrest should change and every person in Upper Austria, regardless of where they live, their education or social class, should have the same improved chances of surviving a cardiovascular arrest. Furthermore we want to encourage people to take responsibility. We want to provide the feeling of solidarity for each other. No matter what age you are, where you live or from which population you feel associated with you should act with love for the person next to you. We want to convey and represent the communal spirit and the know-how for basic life support.

Link to project card: [Show project card](#)

Action: Solidarity Projects
Action Type: Solidarity projects

Project Title

Education? Mitmachen Mitreden Mitgestalten

Project Applicant

Organisation Paula Mudri
Address Längenfeldgasse 14-18 , 1120 Wien , Wien , AT

Project Information

Identifier 2021-1-AT01-ESC30-SOL-000036410
Start Date Dec 31, 2021
End Date Dec 30, 2022
EC Contribution 7,205 EUR
Topics Democracy and inclusive democratic participation ; Preventing early school leaving and failure in education ; Preventing racism and discrimination

Project Summary

Objectives

Our Aim is the reformation and re-thinking of the current education system. We as a group want to start an inclusive discussion about the school system and teaching methods involving the target group into the topic. We want to give high school students and becoming teachers the platform to discuss and envision how we can transform the current education system. This should happen through presentations, discussions, workshops and face-to-face experience exchanges involving participants and experts. We want to highlight all the facets of the education system, therefore the project has the aim to create a collective of diverse student groups, teachers and experts who have different approaches and inputs concerning the education system. Our goal is to create a platform where students, teachers and experts of various fields (democracy, politics, economy, law, migration and integration, art and culture) can come together to exchange ideas and to take action. It is our wish to create a space where students participate and actively shape the future of the education system. Students and becoming teachers will be the main target group who speak up about their visions and ideas. As a group we make a change and set a statement through theoretical (discourses, discussions,...) and active (online-platform) acts. Together we create a vision for the contemporary and future education system and build a network of interested people who increase and expand the movement of reformation. As a result the outcome should be a growing network of participants from various fields, who are actively involved and motivated to revolutionize the education system.

Activities

Our aim is to build a network of involved and interested people as well as educational actors (dynamization of the educational system, individualization, motivation through trial and error).
And to organize educational talks (surveys, collection of questions, ideas and suggestions from the audience, review by experts, feedback loop with comments from the audience on the review, publication and workshop development, training and evaluation)

Impact

It is our demand to increase insight and knowledge of deficit aspects concerning the education system. Therefore we want to draft alternative possibilities. As a result we want to make an online platform and start networking to spread our claims for change. Through an individual approach we want to get an insight of what the school system means to each and everyone personally. We want to create a positive impact on our future and young generation and give the power back to the students to set actions, statements and demands. We want to sensitize people on the negative impact that society has due to the current education system. #Change Education not the Climate

Link to project card: [Show project card](#)

Action: Solidarity Projects
Action Type: Solidarity projects

Project Title

feldgezwitscher

Project Applicant

Organisation Alice Tafuri
Address Südtiroler Platz 9/15 , 1040 Wien , AT

Project Information

Identifier 2021-1-AT01-ESC30-SOL-000035964
Start Date Aug 15, 2021
End Date Aug 14, 2022
Topics Bridging intercultural, intergenerational and social divide ; Inter-regional cooperation ; Community development

Project Summary

Objectives

We are creating a socio-ecologically sustainable project with the aim of strengthening communication between farmers and consumers. We address pedestrians along cultivated areas close to the city through information points and inform them about the agricultural area they are currently standing on. Furthermore, interested people can access a website with more information by means of a QR code. This information is to be designed interactively so that it is not just a matter of acquiring knowledge, but rather stimulates the start of an exchange between consumer and farmer. In the long term, this will also strengthen the professional image of farmers and free them from stereotypes propagated by the media and society. This will enhance the value of their work, make consumption more sustainable and conscious, and make the profession of farmer more attractive again. This is our contribution to interregional cooperation and a society that acts together in a participatory way to bridge intercultural and social divides.

Activities

Methodically, we achieve our goal by setting up interactive information points that arouse the interest of passers-by to such an extent that they subsequently access an informative and educational website by means of a QR code that can also be scanned at the point. This website includes an exchange with farmers and more in-depth knowledge about agricultural life, cultivation and marketing as well as the end product of the field in front of the information point.

Impact

Through the informative tour of agricultural areas based on the information signs and the website, as well as the creation of these with the help of the farmers themselves, the relationship between the farmers and the consumers is built up, because the farmers are also involved in the project in the first place because of their experience. In the long run, we contribute to more acceptance and appreciation of agriculture and the professions and lifestyles associated with it. This leads to more regionality, seasonality, quality, sustainability and the willingness to pay reasonable prices for agricultural end products.

Values for consumers are therefore primarily the more personal communication with food producers. As well as the value for farmers of being able to share their knowledge and views on agricultural production and issues in general in a simplified way to many people without having to spend more time on it. In addition, our project has the potential to enable networking among farmers via the platform. For local and global (non-)governmental organisations, our project contributes to and supports the achievement and compliance with their goals, such as some sustainable development goals at the global, multinational level.

Link to project card: [Show project card](#)

Action: Solidarity Projects
Action Type: Solidarity projects

Project Title

Graz Beats Live

Project Applicant

Organisation Mathias Freßner
Address Au 96 , 8783 Gaishorn am See , Steiermark , AT

Project Information

Identifier 2021-2-AT01-ESC30-SOL-000038555
Start Date Jan 1, 2022
End Date Dec 31, 2022
Topics Green transport and mobility ; Creativity, arts and culture ; Research and innovation

Project Summary

Objectives

With our project we would like to create awareness for „Green Mobility“ - „Green Future“. For this purpose we want to equip and convert an alternative means of transport so that we have the possibility to tour the city with live music and to organize events.

The whole project is to be accompanied by a very strong online component.

There will be live streams to music events, the live location of tours will be added to the website so that we are easily accessible for everyone, there will be a voting system for artists and events, there will be information material and we invite interested people to talk to us at our events and whenever they see us.

Our core concern is to show that free spaces in the city center are not used optimally and for the benefit of all if they only serve as parking space for cars and the like.

Also that individual transport in its current form is no longer sustainable and it is time for new ideas of transportation.

We also want to address the problem of bicycle lanes and the encounter between cars and cyclists.

What do we want to achieve? Through targeted cooperation with musicians, events, associations, etc., we want to generate awareness for this topic and to achieve a sustainable change in thinking.

Targeted Collaborations:

Critical Mass Graz, Gleisdorf, Mobilitätsfest Graz, Grazer City Radeln, Mobilitätstage Hausmannstätten, Hart bei Graz, Gleisdorf, Weiz etc., Grieskram Gemeinsam in Gries, Auto frei Tag Mandellstraße, Stadtstrandbar Graz uvm.

Intended goals:

To get more people to important local events (Critical Mass etc..) so that the issue is heard to the right extent. Through the strong online component and through many online cooperations, the topic will be brought further to the outside.

To give artists a stage and to mobilize for this topic.

Activities

To build and modify an alternative means of transportation so that we can tour the city making and playing live music.

We want to organize our own events (tours) and draw attention to the topic "Green Mobility" - "Green Future".

The tours should be easily accessible to interested parties by sharing a live location for each tour on an attractively presented web presence. Music events will be shared via live streams on social media.

This helps build reach as musicians and contributors can use this content for their own online presence. Through this process, we can enter multiple communities and make our theme public.

But we don't just want to host our own events, we want to enter into collaborations with a variety of existing events.

All these measures help us to draw attention to this topic and to raise awareness.

Impact

We want to draw attention to an important topic "Green Mobility". We want to raise awareness in the public space, generate reach through clever cooperation to be able to reach many people. We want to give artists and contributors a stage and a platform and all this under the guise of "Green Mobility - Green Future".

We want to inform people and give them food for thought for a new design of public space.

We do not only want to point out problems but also come up with solutions. And above all, we want to set a good example and inspire people to rethink with a lot of fun and good vibes.

Link to project card: [Show project card](#)

Action: Solidarity Projects
Action Type: Solidarity projects

Project Title

Stadt der Migrant_innen

Project Applicant

Organisation Melisa Gündük
Address Wolfgang-Schmälzgasse 30/21 , 1020 vienna , Wien , AT

Project Information

Identifier 2021-1-AT01-ESC30-SOL-000036344
Start Date Sep 1, 2021
End Date Feb 28, 2022
Topics Preventing racism and discrimination ; Reception and integration of refugees and migrants ; Promoting gender equality

Project Summary

Objectives

We are a group of young migrant women from Turkey. The project runs from September 2021 to March 2022. Our idea is to develop a map with the working title "Stadt der Migrant_innen", which marks different places in Vienna and share our experiences with it, f.e. MA35, a place native Austrians never confront with, but very much influences the live of migrants (fear of not prolonging the residence permit f.e.). The map will be published on blog/ website to be accessible for young migrants but also for the mainstream society, that wants to learn about our reality.

We will have monthly meeting to work on the project and regular meetings in working groups. A coach will support us with her skills in digital media.

The aims of the project are to create a community of solidarity, combat racism and sexism, empower young migrants, decrease the feeling of being isolated, provide an inclusive non-formal learning opportunity for the participants and make the invisible realities visible and is therefore a democratic approach. The participants will increase their skills (language, digital skills, working in a group, creating content) and therefore their chances on the labour market.

Activities

- Kick off Meeting: Setting framework of the project together
- Regular meetings of the working groups (zoom meetings, walks, breakfast, ...)
- Evaluation meetings of the challenges and learning outcomes
- Closure Meeting: Evaluating at the end of the project, impact, learning outcomes, lessons learned, collecting tips for next projects, feedback to the coach, achievements, Youthpass, Europass
- Publishing Event:

A format will be developed to support the publication of the map (f.e. podcast, guided tour, promotion on social media, ...)

A person or several persons will be responsible to organize the facilities, such as food, zoom invitations, room organization, schedule, check the accessibility... These responsibilities will change every time to involve everyone in every task.

Impact

- the key result of the project will be the map "Stadt der Migrant_innen"
- Social media: We will create an account on Facebook or Instagram to promote the project progress on a regular basis (one post per week) and link it to European solidarity corps and put the logo.
- We will create a website/ blog to download the map with the ESC logo.
- We will make a public event at the end of the project to present the project results (podcast, guided tour, podium discussion...)
- We can help other groups to apply for ESC projects and learn about the possibilities.

Link to project card: [Show project card](#)